

Achieving optimal medical tx before PCI beneficial in CAD

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(HealthDay)—In patients with coronary artery disease (CAD),

achievement of optimal medical therapy (OMT) before implantation of a drug-eluting stent significantly reduces subsequent cardiac events, according to a study published in the Sept. 15 issue of *The American Journal of Cardiology*.

Raisuke Iijima, M.D., from the Ohashi Medical Center in Tokyo, and colleagues included data from 3,004 patients with CAD treated with [drug-eluting stents](#) from 123 participating Japanese centers to examine whether achievement of OMT before implantation of a drug-eluting stent had [clinical benefit](#). OMT achievement was defined as control of [blood pressure](#) (

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