

Screening for suicidal thoughts and behaviors declines with patient age

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In a recent analysis of patient charts from eight different emergency departments, documented screening for self-harm, suicide ideation, or suicide attempts declined with age, from approximately 81 percent in younger age groups to a low of 68 percent among those aged greater than or equal to 85 years.

The prevalence of patients identified as having <u>suicidal thoughts</u> and behaviors through these screens also declined with age, with a peak among young and middle-aged adults (9.0 percent) and a low among patients aged greater than or equal to 75 years (1.2 percent).

"It is unclear whether our findings are from a bias in care or from <u>older patients</u> being less able to answer questions because of conditions like dementia," said Dr. Marian Betz, lead author of the *Journal of the American Geriatrics Society* study. "Additional research and program development could hopefully help providers better identify older adults at risk of suicide."

More information: Marian E. Betz et al, Screening for Suicidal Thoughts and Behaviors in Older Adults in the Emergency Department, *Journal of the American Geriatrics Society* (2016). DOI: 10.1111/jgs.14529

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