

Social support intervention helps those living with HIV/AIDS

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(HealthDay)—A social support intervention can improve social support

and quality of life (QOL) for individuals living with HIV/AIDS, according to a study published online Sept. 20 in the *Journal of Clinical Nursing*.

Xing-ming Li, Ph.D., from Capital Medical University in Beijing, and colleagues conducted a nonrandomized controlled community intervention study involving participants diagnosed as People Living with HIV/AIDs. From December 2013 to December 2014, participants received comprehensive [social support](#) care.

The researchers found that for social support there were significant differences in the score of objective support and usage of support (all $P = 0.02$). After the intervention, net values of objective support score and usage of support were 0.25 and 0.19, respectively. Psychological function, role physical, general health, vitality, social function, mental health, health transition, and total QOL score all differed significantly (all P

"Social support and care intervention model can effectively improve perceived subjective feeling on social support and QOL condition for People Living with HIV/AIDS," the authors write. "And strategies to improve social support and care intervention programs are strongly encouraged."

More information: [Abstract](#)
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