

Researchers explain breast cancer resistance to hormone therapy and point to potential new therapies

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Micrograph showing a lymph node invaded by ductal breast carcinoma, with extension of the tumour beyond the lymph node. Credit: Nephron/Wikipedia

Despite the overall success of hormone therapy, breast cancer tumors in patients with metastatic disease often fail to respond. One new mechanism that can explain resistance to hormone therapy in breast cancer involves two significant changes in the cells – overexpression of the FOXA1 gene and increased production of IL-8. The scientists, who are at Baylor College of Medicine, Harvard Medical School, Oregon Health and Science University, Washington University and the University of Houston, propose that designing drugs directed at IL-8 or other FOXA1-dependent proteins could potentially result in therapies for breast cancer tumors resistant to hormone therapy and improved diagnostic tools. Their results appear in the *Proceedings of the National Academy of Sciences*.

About 75 percent of breast cancers have estrogen receptors, hence they are called estrogen receptor positive (ER-positive) breast cancers. Original ER-positive [breast cancer](#) cells depend on estrogen to grow, and therapies that made the estrogen unavailable to cells, called hormone therapies, can result in long-term remission in some patients. Tamoxifen, one of several types of hormone therapy, works by binding to and blocking the estrogen receptor on cancer cells.

However, most patients with [metastatic disease](#) whose tumors responded in the beginning to hormone therapy, eventually relapse and die due to acquired resistance to hormone therapy.

"Our goal in this work was to better understand how ER-positive [breast cancer cells](#) become resistant to tamoxifen hormone therapy," said co-senior author Dr. Rachel Schiff, an associate professor in the Lester and Sue Smith Breast Center and in the departments of molecular and cellular biology and medicine at Baylor.

The results of this study can have implications in the clinical setting.

"Understanding how tumors become resistant to this therapy will reveal

new ways to treat them to circumvent and/or reverse this resistance, thereby improving patient survival," said co-senior author Dr. C. Kent Osborne, director of the Dan L Duncan Comprehensive Cancer Center and professor of medicine at Baylor.

To study how cells become resistant to hormone therapy the scientists took a number of laboratory breast cancer cell lines that were susceptible to hormone therapy, called parental cells, and from each they developed cells lines that were resistant to tamoxifen [hormone therapy](#).

"We sequenced the genes of our numerous cellular models of [tamoxifen resistance](#) and compared them with the genes of the corresponding parental cells," said Schiff. "We hoped to find genetic differences between both groups of cells that would give us a hint of the causes of resistance. We found that cells resistant to tamoxifen, as well as to other hormone therapies, make more of FOXA1 protein than parental cells, which in some cases was due to the amplification of the FOXA1 gene."

When the scientists knocked out the FOXA1 gene in tamoxifen-resistant cells, the cells became susceptible to tamoxifen therapy, confirming that the FOXA1 gene plays an important role in tamoxifen resistance.

The function of the FOXA1 gene is to promote the expression of many other genes. In this case, "we found that overexpression of FOXA1 results in the activation of a series of genes that increase the metastatic potential of cells, for instance, genes that favor cell migration and development of blood vessel," said Schiff.

At the top of the list of genes activated by overexpression of FOXA1 is the gene for IL8, which also contributes to the survival of the cells.

To determine the relevance of these results in actual ER-positive breast tumor samples, the scientists analyzed samples from a tumor bank and

found tumors with high levels of both FOXA1 and IL8 protein.

"We see a tremendous therapeutic potential in this study," said first author Dr. Xiaoyong Fu, an assistant professor in Osborne-Schiff lab.

"We can potentially design drugs directed not only to IL8 but also several of the genes activated by FOXA1 in tamoxifen-resistant cells to try to control the development of their metastatic potential."

More information: FOXA1 overexpression mediates endocrine resistance by altering the ER transcriptome and IL-8 expression in ER-positive breast cancer, *PNAS*,

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