

# Low diastolic pressure linked to subclinical myocardial damage

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(HealthDay)—Low diastolic blood pressure (DBP) seems to be

associated with subclinical myocardial damage, according to a study published in the Oct. 18 issue of the *Journal of the American College of Cardiology*.

John W. McEvoy, M.B., B.Ch., from the Johns Hopkins Bloomberg School of Public Health in Baltimore, and colleagues studied 11,565 adults from the Atherosclerosis Risk in Communities (ARIC) cohort to examine the independent association of DBP with myocardial damage (using high-sensitivity cardiac troponin-T [hs-cTnT]).

The researchers found that the adjusted odds ratio of having hs-cTnT  $\geq 14$  ng/l at ARIC visit 2 (baseline) was 2.2 and 1.5 for those with DBP

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