

New drug benefits patients with multi-drug resistant HIV

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A new biologic medication - the first for HIV - is showing promise in treating patients with multidrug resistance, according to phase 3 research being presented at IDWeek 2016.

Administered intravenously once every two weeks, ibalizumab is a biologic medication called a monoclonal antibody, a genetically engineered molecule that coats immune system cells to protect them from HIV entry. Eighty three percent of patients with multi-drug resistant HIV (MDR HIV) had a virologic response to the drug, according to the study.

When taken as directed, combination treatment called antiretroviral therapy (ART) is highly successful in combatting HIV. However, of the 1.2 million Americans who have HIV, about 10,000 have MDR HIV, meaning they are resistant to all medications used to treat HIV.

"This is the first drug in a long time for patients with [multidrug resistance](#)," said Jacob Lalezari, MD, lead author of the study and medical director for Quest Research, a division of eStudySite, San Francisco. "This therapy showed good activity in patients who were resistant to everything else, which is very exciting for these vulnerable patients and those who care for them."

He noted that ibalizumab is the first of what promises to be many long-acting anti-viral treatments. While most ART therapy is once a day, researchers are testing medications that are taken less frequently, which

will make it easier for patients to take them as prescribed.

The study included 40 patients with MDR-HIV who had been infected with HIV for an average of 21 years and had been treated with many medications. More than one in four (28 percent) had been treated with 10 or more HIV medications. All were given ibalizumab: 35 percent required an additional investigational medication due to resistance to all HIV medications. Most patients benefitted after seven days of treatment: 24 (60 percent) achieved a significant decrease in viral load of 1.0 log₁₀ or greater and 33 (83 percent) achieved a decrease in viral load of 0.5 log₁₀. The average decrease in viral load after seven days of treatment was 1.1 log₁₀. During the control period at the beginning of the study before ibalizumab was added, only one patient (3 percent) had achieved a significant decrease in [viral load](#) on the existing ART regime. After one week, all patients continued with ibalizumab and began taking optimizing HIV medications as part of the ART regimen. The combination therapy varied by patient.

"This drug benefits a small but challenging population of HIV patients who are highly treatment experienced," said Daniel R. Kuritzkes, MD, chief of the Division of Infectious Diseases at Brigham and Women's Hospital and professor of medicine at Harvard Medical School, Boston. "This will not be a first- or second-line therapy for those who are infected with HIV, but it may be helpful for certain patients."

The bi-weekly regimen is beneficial for these patients, said Dr. Lalezari. "There's higher compliance because they have a place where they can go and are cared for, and it really works for them," he said.

Some [patients](#) are infected with a multidrug resistant form of HIV, but most others develop resistance after periods of time when they are unable to take their ART medication as directed, he said.

Provided by Infectious Diseases Society of America

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