

# Migraine linked to increased stroke risk in women

November 15 2016

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Credit: Sasha Wolff/Wikipedia

Women who have migraines may have an increased risk of stroke, according to a preliminary study presented at the American Heart

Association's Scientific Sessions 2016.

Researchers studied 917 women who were being evaluated for heart disease and found those that had a history of migraines (224 or nearly 25 percent) were at higher risk of a future cardiovascular event - notably [stroke](#).

They also found:

- Compared to those who did not report a history of migraines, women with a history of the headaches had an 83 percent higher risk of a [cardiovascular event](#), including stroke or heart attack, during an average six-year follow-up.
- Women with history of migraine were 2.33 times more likely to suffer a stroke during the study than women who didn't report migraines.

**More information:** Cecil A. Rambarat, M.D., University of Florida, Gainesville, Florida. (Actual presentation time for T2125 is 1:30 p.m. CT/2:30 p.m. ET, Tuesday, Nov. 15, 2016.)

Provided by American Heart Association

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