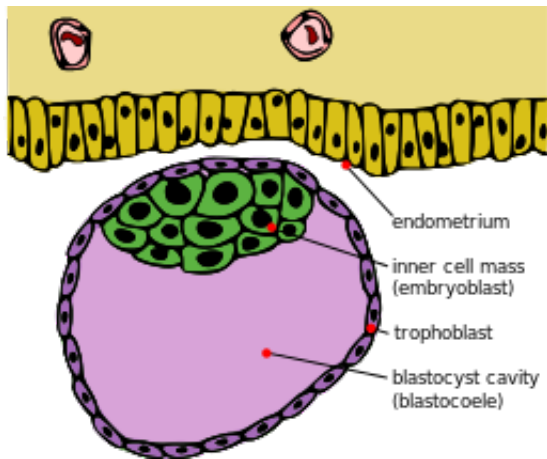


# Prenatal genetic testing of Pap smears

November 7 2016, by Ricki Lewis, Phd

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Anthony Weiner and Woody Allen have the same favorite organ; mine is the placenta.

The amazing placenta literally links generations, and if findings reported in the new *Science Translational Medicine* are validated, prenatal genetic screening and testing may become possible using DNA from Pap smears – as early as 5 weeks after conception.

## Placental origins

The placenta and extra-embryonic membranes (like the amnion) develop from early cells called trophoblasts. Because all of these structures

descend from the fertilized ovum, they are genetically identical – and that makes them excellent stand-ins for fetal cells in prenatal testing.

Quick biology lesson: The first inklings of the placenta-to-be appear near the end of the first week of prenatal development. An initial round of rapid cell divisions yields a mulberry-like ball of cells that hollows out into a blastocyst. With further divisions, a smidgeon of cells forms on the inside face. This inner cell mass, after much elaboration and folding, becomes the embryo. The cells that form the outside of the hollow ball are the trophoblasts, which after much more cell division unfurl into the placenta and membranes.

Like a white-water raft, the blastocyst travels down a fallopian tube, landing in the uterus and nestling into the bloody lining. Then tiny finger-like projections – the chorionic villi – grow from the blastocyst into the lining, just as the lining rises up to envelope the ball of cells. Once implanted, the blastocyst secretes human chorionic gonadotropin (hCG), which maintains the rich lining and also provides a target for pregnancy test kits.

Implantation signals a cascade of hormonal action that knits cells from the membranes surrounding the embryo with cells from the woman's body into the gloriously vascular placenta. The pancake-like organ not only anchors the embryo and fetus, but provides nutrients, removes wastes, and exchanges carbon dioxide for oxygen.

For reasons that elude me, placenta parts are added to various products, like skin goop. Here's an ad for one from sheep. Attempts to include placenta in cosmetics date from the [1940s](#). Today several variations-on-the-theme claim to boost the effects of hair conditioners. But FDA frowns upon injections of [placental extracts](#).

Some people keep their children's placentas, or even eat them. Ick.



A serving of broccoli and placenta

### **AMNIO, CVS, NIPS: Surrogates for fetal cells**

The idea to tap supportive structures for clues to fetal genetic health goes back to a 1971 case report that correctly identified 10 fetuses as male from Y chromosomes in chorionic villi pieces collected from the cervix. It's not a new idea – [here's an old review](#).

The big three prenatal tests are amniocentesis (on cells from the amnion

and shed from the fetus), chorionic villus sampling (CVS), and the newer tests of cell-free "fetal" DNA in a [pregnant woman's bloodstream](#), aka the unfortunately-acronymed NIPS (noninvasive prenatal screening).

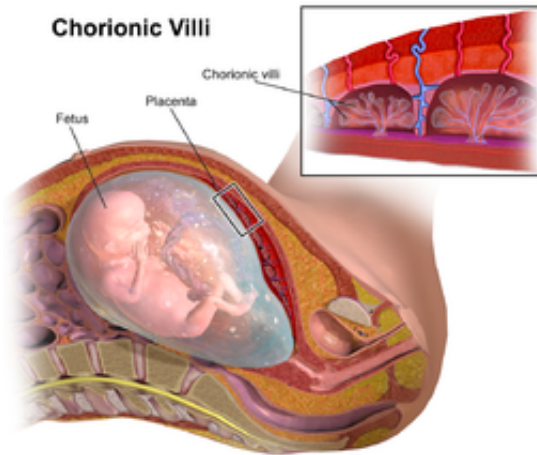
Ads grossly oversimplify these tests.

One product refers to the cells being tested, in its information to patients, as "their child," and in the information for physicians, "fetal DNA." Neither is technically correct. All of these procedures actually detect mutations or DNA sequence (including chromosome) imbalances in placental cells – which can create a seeming situation of a false negative or positive when a mutation occurs in a placental cell but not a true fetal cell, or vice versa (placental mosaicism).

The trio of tests has two major drawbacks: invasiveness and not providing enough material until well into the first trimester. Amnio starts at 12 weeks post-conception, CVS at 9, and cell-free testing at 8. (Why do clinicians tack on 2 weeks when dating pregnancies from the last menstrual period? As if 38 weeks isn't enough.)

Another challenge is collecting material. Placentas aren't exactly easy to reach, and appropriate cells or DNA are diluted in seas of maternal material. In fact, the "fetal fraction" lurking in a pregnant woman's bloodstream is only 4 to 10% of all the DNA pieces. Some test results come back with "insufficient" or "no" fetal fraction, and a repeat test is unlikely as a pregnancy progresses.

Fortunately, another source of fetal surrogate DNA is both obvious and simple to collect: the venerable Pap smear.



## A brief history of the Pap

For the 49% of the population who have not experienced a Pap smear, here's a description: it feels a little like a carefully-executed nose pick, a gentle scraping of the wall of an anatomical structure, in the region near the part recently referred to by a presidential candidate with a word starting with "p" that isn't Pap.

The Pap smear is widely considered the #1 cancer-screening tool ever invented. George Nicholas Papanicolaou, MD, PhD, began the research that would lead to the eponymous test at Cornell University Medical School in New York City in 1920, focusing on normal changes in cells shed from the cervix. When he saw cancer cells, he published his idea to diagnosis uterine cancer via a smear, in 1928. Validation took more than a decade, culminating in the seminal book ["Diagnosis of Uterine Cancer by the Vaginal Smear"](#) published in 1943. It is an "atlas" of smears from more than 3,000 women.

Pap smears quickly became a key part of gynecological exams. Here's a

just-released [update](#) from the American Congress of Obstetricians and Gynecologists.

## Introducing TRIC

In this week's Science Translational Medicine, Sascha Drewlo, Randall Armant, Chandni Jain (first author) and colleagues at Wayne State University School of Medicine describe a technique to mine Pap smears for telltale trophoblasts and the DNA within. They separate the cells by labeling them with magnetic nanoparticles coupled to mouse antibodies that bind HLA-G, one of the human leukocyte antigen cell-surface markers that's unique to trophoblasts and placental cells. Then add a magnet to separate out the placental cells, wash off the strands of clinging maternal DNA, then break the cells open and collect nearly-pure fetal-DNA surrogates.

The team developed the strategy, called TRIC for "trophoblast retrieval isolation from the cervix", to track abnormalities of the placenta that could lead to complications such as small-for-gestational-age newborns and preeclampsia, and described it earlier this year in *Scientific Reports*. "We adapted the method to meet prenatal diagnosis standards and requirements. These cells tell an even bigger story – how the placenta and pregnancy might be at risk for insufficiency syndromes," Dr. Drewlo told me.

To approximate full-genome coverage, the new experiment looked at 94 single nucleotide variants (SNVs) and 59 short tandem repeats (STRs, like the ones used in forensics) that collectively cover the 24 human chromosome types.

The study is a proof-of-principle, considering 20 consecutive cases. All 20 fetuses were correctly identified and distinguished both from the woman's DNA and late placental DNA, used as a control. Of course



thousands of women must be tested to evaluate accuracy—20 successes could be a coincidence.



From the original Pap smear atlas

Prenatal genetic screening via Pap smear offers several distinct advantages:

It can be performed as early as 5 weeks.

A Pap smear takes seconds, a fast swish, scrape, and smear, compared to a needle to the middle (amnio), a snipping through the vag (CVS), or even the simple blood test from the arm (NIPS).

Obesity doesn't affect accuracy, as it does for the existing 3 technologies.

The fetal fraction is a whopping 92%, making the test likely more accurate, or at least meaningful in a much greater percentage of cases.

## **The bigger picture**

I wonder what effect this new potential entrant into the prenatal genetic screening arena will have on the NIPS companies currently battling for market share, like [Harmony](#) and [MaterniT](#). I suggest "Papoose" for Pap-based prenatal genetic screening.

Whatever it is eventually called, the new approach is brilliant in its simplicity, not to mention building on an existing and ubiquitous platform with which women are already comfortable. All that's needed are the numbers. The collection component is validated, we all know how magnets work, and it's easy to see how testing for SNVs, which are common, parallels testing for disease-causing point (single nucleotide) mutations, which are rare, just as testing for STRs represents insertions,



deletions, and duplications.

Finally, papoose is so easy that it's ideal for genetic screening, which means investigating a large, general population, such as all pregnant women, who are at average risk. Yet it's also easier for genetic testing, which targets high-risk groups, such as women over age 35 or with a family history of a detectable genetic or chromosomal condition.

**More information:** Jay M. Bolnick et al. Altered Biomarkers in Trophoblast Cells Obtained Noninvasively Prior to Clinical Manifestation of Perinatal Disease, *Scientific Reports* (2016). [DOI: 10.1038/srep32382](https://doi.org/10.1038/srep32382)

C. V. Jain et al. Fetal genome profiling at 5 weeks of gestation after noninvasive isolation of trophoblast cells from the endocervical canal, *Science Translational Medicine* (2016). [DOI: 10.1126/scitranslmed.aah4661](https://doi.org/10.1126/scitranslmed.aah4661)

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