

Study potentially explains vulnerability of young cancer patients to treatment toxicities

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Scientists at Dana-Farber Cancer Institute say they have discovered a potential explanation for why brain and heart tissues in very young children are more sensitive to collateral damage from cancer treatment than older individuals. Credit: Dana-Farber Cancer Institute

Despite many successes in treating pediatric cancer, young children

remain at high risk for developing severe, long-lasting impairments in their brain, heart, and other vital organs from chemotherapy and radiation treatments. In adults, however, these tissues are relatively spared.

This disparity, which has never been explained, creates a complicated balancing act for doctors - administering doses high enough to have a chance of curing young cancer patients while minimizing the risk of long-term cognitive and heart damage. This "therapeutic window" is particularly narrow in infants and [young children](#) compared to adults, whose [vital organs](#) are more resilient to intense treatment.

Now, scientists at Dana-Farber Cancer Institute say they have discovered a potential explanation for why brain and heart tissues in very young children are more sensitive to collateral damage from cancer treatment than older individuals. Reporting in *Cancer Cell*, they show that the tissues in these still-developing organs are more prone to apoptosis, or programmed cell death, when subjected to toxic stresses like [chemotherapy](#) and radiation.

Apoptosis, in which molecular signals order cells to self-destruct, plays an important role in deciding the "fate" of a developing cell - that is, its final form and function in the body. For example, apoptosis allows the "pruning" of brain cell connections that aren't needed or productive in the fully formed brain. But active apoptosis in the early brain "also sets the stage for extremely high sensitivity to any type of damage or stress, especially that induced by radiation or chemotherapy," said Kristopher A. Sarosiek, PhD, an assistant professor of radiation biology at the Harvard T.H. Chan School of Public Health, and first author of the paper. He was formerly a postdoctoral fellow in the Dana-Farber laboratory of Anthony Letai, MD, PhD, who is senior author of the publication.

Cancer cells, however, often die through apoptosis when attacked by chemotherapy, radiation, and other treatments, although [cancer cells](#) try to escape the death orders by activating "pro-survival" signals to countermand the death commands. Letai previously developed a test called BH3 profiling that can measure inside any cell the relative dominance of pro-survival or pro-death signals, which are mediated by a family of proteins. Proteins called BAX and BAK are key "executioner" molecules that signal cells to self-destruct. A cancer cell in which apoptotic death signals are dominant, is said to be "highly primed" for self-destruction and therefore easily killed by therapy, while a cell with low priming is more resistant to death or damage.

In the new study, the researchers measured the priming of cells in normal cells and tissues. They found that in most normal adult tissues, including the brain and the heart, the machinery needed to perform apoptosis is nearly completely absent. In contrast, this molecular machinery is abundant in newborn and very young rodents. As a result, brain and [heart cells](#) were therefore much more vulnerable to undergoing cell death when exposed to chemotherapy or radiation.

After determining in mouse models that heart and brain cells grew more resistant to treatment toxicity with age, the scientists tested the hypothesis in human cells. They obtained fresh samples of tissue that had been removed from brains of children and adults during surgery to prevent intractable epileptic seizures. As in the mice, the youngest human brain cells were more highly primed with apoptotic machinery and vulnerable to chemotherapy and radiation damage.

Human [brain](#) and heart cells are most highly primed for apoptosis until 4 to 6 years of age, said the researchers, making that period prior to that the most risky for treatment-related damage. After that, priming continues to be reduced, but tissues don't become firmly resistant to damage until closer to adulthood, they said.

Because they identified the apoptosis molecules involved in tissue damage, the study "has uncovered some opportunities to selectively block [apoptosis](#) in our healthy tissues and prevent toxicity from radiation or chemotherapy while still maintaining sensitivity within cancer [cells](#)," said Sarosiek. "We are actively pursuing the identification of new medicines that can be used exactly for this purpose."

Provided by Dana-Farber Cancer Institute

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