

Ketone monitoring infrequent in patients with type 1 diabetes

January 27 2017



ketone monitoring is infrequent overall, according to research published online Jan. 18 in *Diabetes Care*.

Anastasia Albanese-O'Neill, Ph.D., from the University of Florida in Gainesville, and colleagues characterized ketone monitoring behaviors in children and adults with T1D. Participants were asked about when and how often they checked for ketones and what method they used. Data were included for 2,995 [participants](#) aged 4 to 12 years and 18 to 89 years.

The researchers found that 62, 18, and 32 percent of [respondents](#), respectively, had urine ketone test strips at home, had a blood ketone meter at home, and had no ketone testing supplies at home at the time of survey. Thirty and 20 percent, respectively, reported never and rarely checking ketones. Checking ketones most of the time or always was reported by 15 percent of all respondents when the glucose level was above 300 mg/dL for an hour or more (53 percent among children aged ≤6 years), and checking ketones always was reported by 21 percent when nauseated and/or vomiting (68 percent among [children](#) aged

Citation: Ketone monitoring infrequent in patients with type 1 diabetes (2017, January 27) retrieved 19 April 2024 from

<https://medicalxpress.com/news/2017-01-ketone-infrequent-patients-diabetes.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--