

Psoriasis impacts QoL for parents of affected children

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(HealthDay)—Childhood psoriasis impacts parents' quality of life in

multiple domains, especially their emotional well-being, according to a study published in the February issue of the *Journal of the American Academy of Dermatology*.

Megha M. Tollefson, M.D., from the Mayo Clinic in Rochester, Minn., and colleagues examined the impact of childhood psoriasis on parents' lives. Thirty-one parents of children with psoriasis were interviewed using semi-structured questionnaires. Narrative data were analyzed and a [conceptual framework](#) of the effects of childhood psoriasis on parents was developed.

The researchers found that all parents reported a substantial, negative effect of their child's psoriasis on their own quality of life. A [negative impact](#) was seen on health and self-care, emotional well-being, family and social function, personal well-being, and life pursuits, in a conceptual framework. The most affected domain was [emotional well-being](#).

"The results of this study are a testament to the pervasiveness of childhood psoriasis in a parent's life," the authors write. "Development of support strategies is recommended for children with psoriasis and their families."

More information: [Full Text \(subscription or payment may be required\)](#)

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