

Ready your home for winter's wrath

January 5 2017



(HealthDay)—Winter's here. Nothing you can do about that. But, it's not too late to take steps to keep you and your home safe when frigid weather hits, according the U.S. Centers for Disease Control and

Prevention.

The CDC offers this checklist:

- Install weather stripping, insulation and storm windows.
- Insulate any water lines that run along exterior walls.
- Be sure roof leaks are repaired and gutters are clean.
- Have your heating system professionally serviced to make sure it is working well and is properly ventilated to the outside. Keep a safe alternate heating source and [alternate fuels](#) on hand.
- Inspect and clean fireplaces and chimneys.
- Install smoke and carbon monoxide detectors and test their batteries monthly.
- Know the symptoms of [carbon monoxide poisoning](#), which include headache, dizziness, weakness, vomiting, chest pain and confusion.

More information: The U.S. National Weather Service provides more on [winter safety](#).

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Citation: Ready your home for winter's wrath (2017, January 5) retrieved 27 April 2024 from <https://medicalxpress.com/news/2017-01-ready-home-winter-wrath.html>

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