

Fatigue occurs in 50 percent with chronic plaque psoriasis

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(HealthDay)—About half of patients with chronic plaque psoriasis have

fatigue, according to a study published online Feb. 9 in the *British Journal of Dermatology*.

Inger Marie Skoie, from Stavanger University Hospital in Norway, and colleagues evaluated the prevalence and degree of fatigue among [patients](#) with chronic plaque psoriasis. Fatigue severity was assessed in 84 patients and 84 healthy controls using three generic fatigue instruments: fatigue Visual Analogue Scale (fVAS), the Fatigue Severity Scale (FSS), and the Short Form 36 (SF-36) vitality scale.

The researchers found that the median fVAS scores were 51 and 11, FSS scores were 4 and 1.6, and SF-36 vitality scores were 43 and 73, respectively, for patients and healthy control subjects. Among patients versus healthy subjects, the rates of clinically important fatigue were 51 versus 4 percent (fVAS), 52 versus 4 percent (FSS), and 42 versus 2 percent (SF-36) (all P

"A better understanding of the link between [psoriasis](#) and [fatigue](#) could promote the development of better care and self-management options for these patients, and possibly lay the foundation for more effective therapeutic approaches in the future," the authors write.

One author disclosed financial ties to Pfizer.

More information: [Full Text \(subscription or payment may be required\)](#)

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