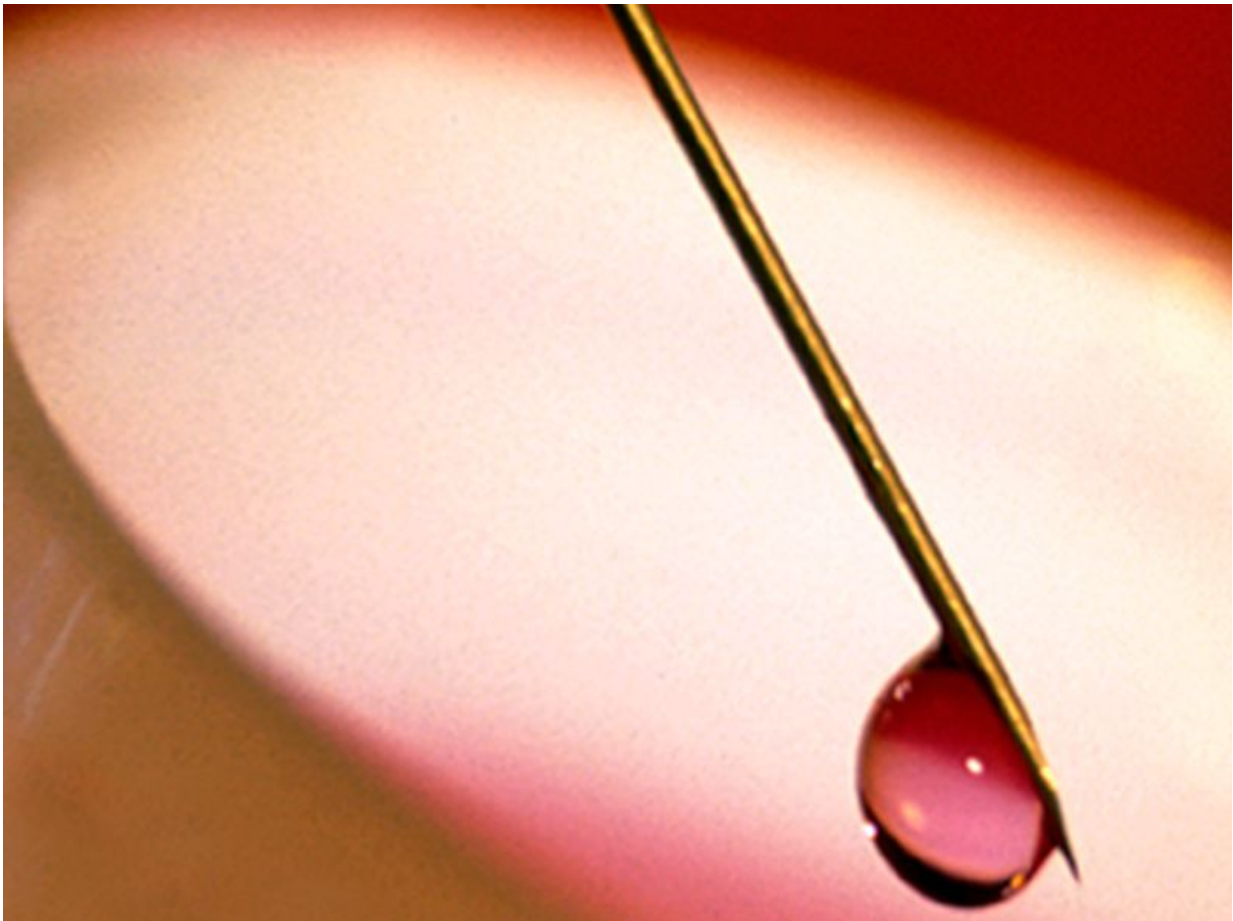


Patient-reported symptom score predicts outcome in amyloidosis

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(HealthDay)—A patient-reported symptom score can help predict

clinical outcomes in patients with light-chain amyloidosis (AL), according to a study published online Feb. 9 in the *American Journal of Hematology*.

Rahma Warsame, M.D., from the Mayo Clinic in Rochester, Minn., and colleagues prospectively employed a Hematology Patient Reported Symptom Screen (HPRSS), which included three questions relating to pain, [fatigue](#), and quality of life (QOL), for 302 newly diagnosed [patients](#) with AL from 2009 to 2014.

The researchers found that the median overall survival was 53 months, and 102 deaths occurred in the first year. Baseline HPRSS differed significantly for those who lived longer than one year and early-death patients in the domains of fatigue (5 versus 7; P

"Baseline patient-reported fatigue is an independent prognostic factor for survival," the authors write. "Survival at one year was associated with significant improvement in QOL."

More information: [Full Text \(subscription or payment may be required\)](#)

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