

Policy changes are needed to address over-consumption

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Although the major objective of the liquor, food and associated industries is to optimise profits, that is, to sell as much food and alcohol as possible, their success can create serious health risks and burdens for consumers.

A new review notes that in Australia, [government officials](#) have a responsibility to protect and promote the health of citizens, which may involve intervening to maintain a balance between actions that support commercial growth and development and the health and welfare of individuals. They have largely failed in these responsibilities with regard to alcohol, as well as overweight and obesity.

"Solutions to this impasse are only possible if APSAD [Australasian Professional Society on Alcohol & other Drugs] and other relevant organisations and individuals are active professionally and politically as leaders and advocates for evidence-based actions by both governments and commercial groups," wrote Prof. James Rankin, author of the Drug and *Alcohol Review* article.

More information: *Alcohol Review*, [DOI: 10.1111/dar.12388/full](https://doi.org/10.1111/dar.12388/full)

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