

Pre-op phone consult doesn't cut anxiety before mohs surgery

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(HealthDay)—Receiving a preoperative educational telephone call does

not reduce anxiety or improve satisfaction for patients undergoing same-day office consultation and Mohs micrographic surgery (MMS), according to a study published in the March issue of the *Journal of the American Academy of Dermatology*.

Joseph F. Sobanko, M.D., from the University of Pennsylvania Health System in Philadelphia, and colleagues examined the effect of a preoperative educational telephone call on anxiety and [satisfaction](#) among 104 patients undergoing same-day office consultation and MMS. Participants were randomized to receive or not receive a telephone call during the week before surgery. Anxiety levels were rated immediately before and after the same-day office consultation and MMS. Satisfaction was also rated immediately after MMS.

The researchers found that regardless of whether patients had received a preoperative telephone call there were similar levels of increased anxiety and a high satisfaction for patients undergoing same-day office consultation and MMS.

"Preoperative education and counseling has uncertain benefits to [anxiety](#) and satisfaction of patients undergoing MMS," the authors write.

More information: [Abstract](#)
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