

What if there's no affordable insurance to buy?

March 6 2017, by Tom Murphy And Meghan Hoyer



In this Sunday, March 5, 2017, photo, Leslie Kurtz, right, poses for a picture with her husband, Bart Bartram, daughter Rainey, and son Rio as she holds a print of an X-ray of her ankle, in Knoxville, Tenn. Leslie Kurtz needed three plates, eight screws and a big assist from her insurer after breaking every bone in her ankle during a whitewater rafting accident in 2015. Coverage she purchased through a public insurance exchange established by the federal health care law helped with her medical expenses, but that protection may not exist next year because insurers have abandoned her exchange. (AP Photo/Wade Payne)

Leslie Kurtz needed three plates, eight screws and a big assist from her insurer after breaking every bone in her ankle while white water rafting.

Coverage she purchased through a public insurance exchange established by the federal [health care](#) law paid \$65,000 toward surgery and the care she needed after the 2015 accident. But that protection may not exist next year because [insurers](#) have abandoned the Knoxville, Tennessee resident's exchange. As of now, Kurtz has no future coverage options, and she is worried.

"I can't afford to have everything I've worked for taken away because I fell down the steps," Kurtz said.

Her county is one of 16 in Tennessee that lack even a single insurance company committed to offering coverage for 2018 on the exchange, after Humana announced last month plans to exit.

Exchanges set up by the Affordable Care Act were designed to give customers a chance to shop for coverage and then buy a plan, most with help from tax credits. The idea was that such a marketplace would push insurers to offer affordable plans to compete for customers.

But insurers in many markets have been pulling back from the exchanges after losing money. According to an analysis by the Associated Press and the health care firm Avalere Health, more than 1,000 counties, where about 2.8 million people are insured through the exchanges, are down to their last insurance carrier, according to the most recent data.

With less competition, that could mean sharply higher rates. And with more insurers still considering leaving other markets, customers around the country could be stuck like Kurtz with no affordable coverage options in 2018.

Insurers still have a few more weeks to decide to stay in their exchanges, and other insurers may jump into new markets, though that can be expensive and risky for them. The government recently announced several short-term fixes for the exchanges, and insurers have welcomed the moves. But they want to see the final version of the improvements before deciding on 2018.

"No insurer wants the negative public backlash from dropping insurance for lots of people, but the companies need to feel like the market is stable and that there's a chance of making money," said Larry Levitt, a health insurance expert with the nonprofit Kaiser Family Foundation.

Chief among undecided companies is the Blue Cross-Blue Shield carrier Anthem Inc. It is the lone insurer on exchanges in 300 counties in seven states, according to data compiled by the AP and Avalere.

Anthem CEO Joseph Swedish would not commit to participating on exchanges next year and said in a statement last month that the market is sliding toward "significant deterioration and requires changes to ensure future stability and affordability."

Anthem and the many other companies that sell coverage under the Blue Cross-Blue Shield brand will be crucial to the fate of the exchanges because they often specialize in insurance for individuals, and many have a long-standing presence in their markets. They also are the only remaining option on exchanges in nearly a third of the nation's 3,100 counties.

For instance, Blue Cross and Blue Shield of North Carolina is the lone exchange option in 95 counties, covering more than 500,000 people, according to the analysis by AP and Avalere. The North Carolina insurer, which is not owned by Anthem, declined to comment on its 2018 plans.

Insurers typically are still sorting out coverage plans at this time of year, so it's not unusual for them to be undecided about 2018. But never before have insurers bluntly stated that they can't commit until they see what the government does to improve the exchanges.

The Kaiser Family Foundation's Levitt says insurers are worried about losses, but they also may be using the leverage their indecision gives them.

"Insurers kind of want the threat that they may pull out to be taken seriously now, so that they get some of the changes they are looking for," he said.

Customers can buy coverage outside the exchanges, if insurers are selling individual plans in their market. But then they won't be able to use tax credits to help pay the bills, which may be particularly painful since many markets have seen prices soar.

Customers won't know for certain who is selling on their exchanges until next fall. While insurers have to apply to sell coverage on their exchanges generally by late spring or early summer, they can drop out later if claims turn out worse than expected, noted Dave Dillon, a fellow of the Society of Actuaries.

Last fall, Blue Cross and Blue Shield Nebraska announced a little more than a month before open enrollment started that it was shuttering its exchange business due to a loss of \$140 million.

Insurance experts have said bigger metropolitan areas usually have more choice on their exchanges. But smaller cities or rural areas could be hurt most if more insurers pull back.

Customers who already lost exchange options for 2018 are concerned.

Knoxville resident Melissa Nance bought her Humana plan on the exchange without a subsidy, but she's worried that she won't find an affordable replacement after that insurer leaves.

The 45-year-old is fighting an aggressive form of leukemia. She needs insurance to cover blood tests and CT scans to detect whether the cancer has returned.

"I'm a sick person now," she said. "I am constantly having to go to the doctor."

Fellow Knoxville resident Leslie Kurtz is thinking about moving. The self-employed television producer needs subsidies to afford coverage for her family of four.

Kurtz says she would have gone bankrupt if she had no insurance when she broke her ankle.

"I don't have \$65,000, I would have had to sell the house," she said. "We need access to health care because (stuff) happens."

© 2017 The Associated Press. All rights reserved.

Citation: What if there's no affordable insurance to buy? (2017, March 6) retrieved 24 April 2024 from <https://medicalxpress.com/news/2017-03-what-if-there-no-affordable.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.