

Researchers find readiness of public access AEDs alarmingly low

April 24 2017



University of Louisville students walk past a public-access automated external defibrillator at the UofL Health Sciences Center. Brad Sutton, M.D., and colleagues have found that a lack of AED registration correlates with an increased chance that an AED could malfunction if needed. Credit: University of Louisville

No national standards exist for the maintenance of automated external defibrillators (AEDs) and their registration with manufacturers, making these practices voluntary and highly variable. What the public may not realize, however, is that regions where there is a high degree of unregistered AEDs also show a much greater chance that these devices will fail if needed.

That's the finding of a study conducted by cardiologist Brad Sutton, M.D., an assistant professor of medicine and assistant dean for health strategy and innovation at the University of Louisville School of Medicine. The group found that significant variability exists in how AEDs are registered and maintained and because of this variability, the true risk for failure remains unknown.

"We know that rapid bystander CPR and the appropriate use of AEDs increases survival rates for the more than 350,000 victims of [sudden cardiac arrest](#) in the United States each year," Sutton said. "However, we found that the percentage of public access AEDs that fail standardized testing is quite high, and the incidence of potentially life-threatening malfunction is likely underreported."

"Our data suggests that registering AEDs correlates with increased

likelihood that the device will pass testing, and therefore, stand a greater chance of being operational if needed by someone having a cardiac arrest."

"Sudden cardiac arrest is a leading cause of death in the United States," Keisha Deonarine, senior director of community health for the American Heart Association in Kentuckiana, said. "The American Heart Association believes it is important to do a weekly or monthly visual inspection of AEDs to ensure they are in working order. It may be the difference between life and death."

About the research

The group assessed AEDs in public, non-hospital settings in four geographically distinct regions - Seattle, Suffolk County, N.Y., Central Illinois and Louisville. Each AED was tested according to manufacturer guidelines. A total of 322 AEDs at 190 unique sites were investigated.

The team found that more than one-fifth of the devices - 21 percent - failed at least one phase of testing. Five percent had expired batteries, failing to power on at all and rendering them useless in the case of sudden cardiac arrest.

At the same time, public access AEDs found in areas where there was a higher rate of registration were significantly more likely to pass testing. AED registration was high—greater than 80 percent—in both Seattle and Suffolk County, with zero battery failures found in Seattle and only 2 percent in Suffolk County.

By comparison, both Louisville and Central Illinois had lower rates of registration - less than 25 percent - and higher rates of test failure at 19.8 percent in Louisville and 38.2 percent in Central Illinois. Central Illinois also had the highest regional battery failure rate at 12.36 percent.

AED registration typically is handled the way it is with consumer products: The AED is registered with the vendor so the purchaser can be updated on potential recalls and advisories. There also is an industry built around AED maintenance, and many sites with AEDs outsource maintenance of the devices for a monthly fee. Sites with AEDs also can register the devices with some municipalities or other local authorities, but again, Sutton said, this varies greatly from region to region.

"Unfortunately, our data suggests that even when you find an AED in the time of need, it may not work," Sutton said. "These devices require routine upkeep in order to remain functional and ready. This is the major message that our elected officials and community members need to be aware of."

Sutton's research group was made up of Jamie Heimroth, Stuart Crawford and Erica Sutton, M.D., of UofL and Josh Matzke of Eureka College in Illinois. The team presented their findings in November at the American Heart Association Scientific Sessions, and Sutton said he is currently in talks with AED manufacturer Zoll Medical Corp. to expand this line of study across the United States.

"Our study was limited in that results depended upon the voluntary participation of sites with AEDs," he said. "Those sites that refused to participate in the study may represent yet additional potential device failures, and ultimately, additional potential loss of life."

Provided by University of Louisville

Citation: Researchers find readiness of public access AEDs alarmingly low (2017, April 24) retrieved 18 April 2024 from

<https://medicalxpress.com/news/2017-04-readiness-access-aeds-alarmingly.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.