

Pig model to help research on human knee growth, injury treatment

May 15 2017



Stephanie Cone, a Ph.D. student in the joint biomedical engineering program at NC State and UNC, examines MR images of pig knees. Cone is the lead author of a paper describing how the knees of pigs compare to human knees at various stages of maturity -- work that will advance research on injury treatment in young people. Credit: Matthew Fisher

Researchers from North Carolina State University and the University of North Carolina at Chapel Hill have published research on how the knees



of pigs compare to human knees at various stages of maturity—a finding that will advance research by this group and others on injury treatment in young people.

"There's a lot we still don't know about how human knees work at different stages of maturity," says Matthew Fisher, corresponding author of a paper on the research.

"What we've developed is a model that will allow us—or any research team—to study changes in the <u>knee</u> joint using pig knees," says Fisher, who is an assistant professor in the Joint Department of Biomedical Engineering at NC State and UNC.

"Our ultimate goal is to improve clinical treatment of joint injuries in children and teens, given the increased participation in sports and rise of injuries, such as to the <u>anterior cruciate ligament</u> or ACL," Fisher says. "We're specifically focused on changes that take place during the growth process—such as changes in the placement and orientation of ligaments during growth."

Previous research had established that adult pig knees serve as a good model for research into adult human knees. However, less was known about how comparable pig and human knees were at various stages of growth.

For this study, researchers examined pig knees at six stages of growth, between birth and 18 months—which is comparable to early adulthood in humans. The researchers then compared the growth stages found in pigs to the available data on human knee growth.

"We focused on how the orientation of knee ligaments changes over time," says Stephanie Cone, lead author of the paper and a Ph.D. student in the Joint Department of Biomedical Engineering. "And we found that



the transitions in ligament orientation we saw in pig knees at various stages of maturity mapped very closely to the existing research on humans at comparable stages of maturity."

"We're excited about the potential for this model, but tracking ligament orientation using MRIs is really only a starting point," Fisher says. "Our next steps include testing the pig knees mechanically in order to help us better understand how they move at various stages of growth: which joint components bear load, how these elements interact, and so on. A number of things change as we mature, but we are still trying to clarify the details—and those details can eventually inform future clinical practice. In fact, surgeons can use the pig model to test new surgical approaches for children and adolescents."

The work was a collaborative effort involving the Joint Department of Biomedical Engineering, College of Veterinary Medicine, and the Comparative Medicine Institute at NC State and the departments of orthopaedics and radiology in the UNC School of Medicine.

"Being able to form a team with expertise in engineering, comparative biology, pediatric imaging and orthopaedics has been extremely valuable to this research and will continue to be important as we move forward," Fisher says.

More information: Stephanie G. Cone et al, Orientation changes in the cruciate ligaments of the knee during skeletal growth: a porcine model, *Journal of Orthopaedic Research* (2017). DOI: 10.1002/jor.23594

Provided by North Carolina State University



Citation: Pig model to help research on human knee growth, injury treatment (2017, May 15) retrieved 5 May 2024 from <u>https://medicalxpress.com/news/2017-05-pig-human-knee-growth-injury.html</u>

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