

CONNECT registry shows only 9 percent compliance with genetic testing guidelines for AML

June 5 2017



Daniel A. Pollyea, MD, MS, reports at ASCO 2017 that despite NCCN guidelines, only 9 percent of AML patients receive all seven suggested genetic tests. Credit: University of Colorado Cancer Center

Guidelines by the National Comprehensive Cancer Network (NCCN) recommend testing for seven known genetic changes in patients with Acute Myeloid Leukemia (AML). A study presented today at the American Society for Clinical Oncology (ASCO) Annual Meeting 2017 shows that only 67 percent of 259 evaluated patients received any genetic testing. Of the 173 patients that received any genetic testing, only 9 percent received all seven of the NCCN-recommended genetic tests.

"We now know a tremendous amount about the genetic underpinnings of the disease. We can [test](#) for these genetic changes in the clinic to see what's making a patient's disease tick. And often there are targeted therapies that can be matched with these [genetic changes](#). But there's a disconnect between what can be done, what should be done, and what is being done," says Daniel A. Pollyea, MD, MS, investigator at the University of Colorado Cancer Center, clinical director of Leukemia Services at the CU School of Medicine, and the study's lead author.

For example, FLT3 is a commonly mutated gene with several drugs in clinical development to specifically target this mutation. But this drug can only be used once [genetic testing](#) pinpoints the [patients](#) likely to benefit, namely those with FLT3 activation. Additional targeted treatments for AML are in development, such as Pollyea's own work with the drugs AG-120 and AG-221, which target the 15-20 percent of AML harboring mutations in the genes IDH1 and IDH2.

Previously, the majority of data describing rates of genetic testing in AML patients have come from clinical trials, where adherence to guidelines is, as expected, very high. The current study hoped to evaluate adherence to genetic testing guidelines in AML treated outside clinical trials, in academic medical centers and in community settings. The data comes from the new, unique resource of the CONNECT MDS/AML Disease Registry, which collects treatment and outcome statistics from

86 sites distributed across the United States. Current results reflect data gathered from 2013 to 2016.

Overall, rates of patients receiving any genetic testing were higher in patients treated at [academic medical centers](#) than those treated at community clinics (76 percent versus 62 percent); higher in patients younger than 65 years old than in older patients (83 percent versus 60 percent); and higher in patients with non-Medicare insurance than in patients with Medicare (74 percent versus 61 percent).

"Basically, we're not seeing adherence to these guidelines. It's still a big challenge for a lot of institutions," Pollyea says. He points out that often a major barrier to genetic testing in AML (and many other cancers) is the willingness of insurance companies to pay for testing. He also suggests that with adherence to these guidelines so low, perhaps the guidelines themselves need adjustment, though, "I think the guidelines are pretty solid and, in my opinion, I would say they don't go far enough in recommending genetic testing," he says.

The major accomplishment of the current study may be setting a baseline against which future data can be measured.

"We're in our infancy with this testing, and even earlier than infancy in seeing how we're doing on testing. But now with this registry we at least have the infrastructure available to ask these kinds of questions," Pollyea says.

As known genetic drivers of AML are successfully paired with targeted treatments and more of both are discovered, genetic testing is likely to become an even more essential component of clinical care. Now with an understanding of the current state of genetic testing in AML, Pollyea and colleagues will be able to evaluate changes in these data as diagnostic, prognostic and treatment options evolve.

Provided by CU Anschutz Medical Campus

Citation: CONNECT registry shows only 9 percent compliance with genetic testing guidelines for AML (2017, June 5) retrieved 25 April 2024 from <https://medicalxpress.com/news/2017-06-registry-percent-compliance-genetic-guidelines.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.