How blood vessels slow down and accelerate tumor growth

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Co-culture of endothelial cells (green) and pericytes (red) results in spheroids which are used to study the interactions of the two cell types in 3D. Credit:
Cancer cells have an enormous need for oxygen and nutrients. Therefore, growing tumors rely on the simultaneous growth of capillaries, the fine branching blood vessels that form their supply network. The formation of new blood vessels, called angiogenesis, is therefore a possible target for cancer therapy. Physicians use special inhibitors called angiogenesis inhibitors to "starve" tumors. However, these drugs, which have been in use for more than a decade, have limited effectiveness. Deeper understanding of the underlying mechanisms may help identify further therapy targets in order to prevent vessel formation more effectively.

Hellmut Augustin's team at the German Cancer Research Center has discovered a new mechanism that promotes the growth of blood vessels in tumors. Pericytes, cells that are attached to the outside of blood capillaries and stabilize them, play a central role in this process; they also influence the growth of blood vessels.

Augustin and his co-workers have discovered that pericytes exhibit a receptor molecule called Tie2 on their surfaces. If vascular growth factors called angiopoietins attach to the Tie2 receptor, the growth of new capillaries initially stops and existing ones can mature. This controlled growth leads to healthy vessels and, thus, a functioning blood supply system in the body.

The scientists have now succeeded in breeding mice whose pericytes have no Tie2 receptor. In these animals, vascular maturation after birth was slow at first. However, they developed in a normal way and did not exhibit any vascular disorders in the adult stage. However, the tumors these mice developed were pervaded by significantly more blood vessels;
the tumors also grew faster than in fellow animals with functioning Tie2 receptors. "Thus, we have proven that Tie2 on pericytes serves as a growth brake for vessels and, hence, also for tumors," said Laura Milde, who is one of the first authors of the publication.

The article sheds new light on the development of blood vessels. "Up to now, the Tie2 receptor has only been known in endothelial cells that line the inside of blood vessels," Milde said. "The fact that turning off Tie2 in pericytes accelerates tumor growth so much came as a real surprise to us."

So far, the function of pericytes has remained largely in the dark. The results obtained by the DKFZ researchers are the first to attribute an important role in tumor development to them. "Drugs that interfere with Tie2 signaling are already in the clinical testing stage," Augustin said. "The proof that Tie2 on pericytes influences vascular formation in tumors is an important contribution toward developing combination therapies in which the new angiogenesis inhibitors will support the effectiveness of already approved substances."

More information: Martin Teichert, Laura Milde, Annegret Holm, Laura Stanicek, Nicolas Gengenbacher, Soniya Savant, Tina Ruckdeschel, Zulfiyya Hasanov, Kshitij Srivastava, Junhao Hu, Stella Hertel, Arne Bartol, Katharina Schlereth and Hellmut G. Augustin: Pericyte-expressed Tie2 controls angiogenesis and vessel maturation. *Nature Communications* 2017, [DOI: 10.1038/ncomms16106](https://doi.org/10.1038/ncomms16106)

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