

# CAR T-cell therapy for leukemia leads to remissions in clinical trial

July 17 2017

---

Researchers at Fred Hutchinson Cancer Research Center showed about 70 percent of patients with the most common adult leukemia had their tumors shrink or disappear following an experimental chimeric antigen receptor (CAR) T-cell immunotherapy.

The researchers also found that measuring genetic traces of [cancer](#) cells taken from [bone marrow](#) biopsies might be a better indicator of prognosis than the standard lymph node scan.

The *Journal of Clinical Oncology* published the results online July 17 of the Phase 1/2 clinical trial, which included 24 patients with chronic lymphocytic leukemia (CLL) who had failed other treatments. Most of the patients had seen their cancer progress despite treatment with ibrutinib, a targeted cancer drug approved in 2014 for CLL by the U.S. Food and Drug Administration.

This history placed them in a high-risk group that was found in previous studies to have short survival with standard therapies.

"It was not known whether CAR T-cells could be used to treat these high risk CLL patients," said lead author Dr. Cameron Turtle, an immunotherapy researcher at Fred Hutch. "Our study shows that CD19 CAR T-cells are a highly promising treatment for CLL patients who have failed ibrutinib."

CD19 CAR T-cells are a type of immunotherapy in which a patient's T

cells are extracted from their blood and modified in a lab to recognize CD19, a target on the surface of leukemia cells. The engineered T cells are then infused back into the patient where they multiply and hunt down and kill cancer cells.

In CLL, bone marrow makes too many abnormal lymphocytes, which are a type of white blood cell. The [American Cancer Society](#) estimates that in the U.S., there will be about 20,000 new cases and 4,600 deaths from CLL in 2017. Tests of blood, bone marrow and lymph nodes—where lymphocytes congregate to fight infection—reveal the disease.

The 24 patients participating in the study ranged in age from 40 to 73 years, with a median age of 61. They had received a median of five other therapies with as few as three and as many as nine.

Researchers found that 17 out of 24 (71 percent) of patients saw their tumors shrink or disappear following CAR T-cell therapy using the standard measure of lymph node size by CT scans four weeks after treatment.

Of side effects of CAR-T cell therapy, 20 of the 24 patients—83 percent—experienced cytokine release syndrome (grade 1-2, 18 patients; grade 4, one patient; grade 5, one patient) and 8 patients (33 percent) developed neurotoxicity (grade 3, five patients; grade 5, one patient). For the most part the side effects were reversible, but two patients had side effects severe enough to require being admitted to the intensive care unit and one of those patients died.

(An earlier report on trial results was presented by Turtle in December at the [American Society of Hematology](#) annual meeting.)

The new paper expands on the measures used to indicate whether the

CAR T-cell treatment is working.

To take a closer look to see if any cancer cells remained after treatment, the research team analyzed samples taken from some of the patients' bone marrow four weeks after the CAR T-cell infusion. The team used a genetic test called IGH deep sequencing, which is akin to a bar code and enables researchers to track [cancer cells](#) in the body.

Turtle and his collaborators did the sequencing analysis in 12 of the patients. Seven of the 12 patients had no malignant copies. All [patients](#) without malignant copies were alive and free of disease at a median follow-up of 6.6 months after CAR T-cell infusion.

Compared with the CT scans, having no malignant gene sequences in bone marrow following CAR T-cell therapy was a better predictor of the cancer staying at bay—known as "progression-free survival," the researchers found.

The study is the first to suggest that deep sequencing might be a superior measure for predicting outcomes four weeks after CAR T-cell therapy for CLL.

**More information:** *Journal of Clinical Oncology* (2017). [DOI: 10.1200/JCO.2017.72.8519](#)

Provided by Fred Hutchinson Cancer Research Center

Citation: CAR T-cell therapy for leukemia leads to remissions in clinical trial (2017, July 17) retrieved 23 April 2024 from <https://medicalxpress.com/news/2017-07-car-t-cell-therapy-leukemia-remissions.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.