

Radiation prior to surgery reduces risk of secondary tumors in early-stage breast cancer

July 17 2017

Moffitt Cancer Center researchers launched a first of its kind study comparing the long-term benefits of radiation therapy in women with breast cancer either before surgery (neoadjuvant) or after surgery (adjuvant). Their study, published in the June 30 issue of *Breast Cancer Research*, found that patients who have neoadjuvant radiation therapy have a significantly lower risk of developing a second primary tumor at any site.

The majority of patients who have early stage [breast cancer](#) have surgery to remove their tumor or a complete mastectomy. Surgery is commonly followed by [radiation therapy](#), which has been shown to increase relapse-free survival. However, in some cases, patients may require neoadjuvant radiation therapy to decrease the size of the tumor before surgery. Currently, there are no studies that have analyzed the long-term effects of neoadjuvant radiation therapy on [breast cancer patients](#).

Moffitt researchers compared the overall survival and the time to diagnosis of a second tumor, if any, of 250,195 breast cancer patients who received either neoadjuvant or adjuvant radiation therapy. They analyzed patient outcomes from a National Cancer Institute (NCI) registry database of cancer incidence and survival rates in the United States. They included female patients in the analysis who were diagnosed between 1973 and 2011 with [early-stage breast cancer](#). The analysis included 2,554 women who received localized neoadjuvant breast radiation therapy before surgery and 247,641 women who received localized adjuvant breast radiation therapy after surgery.

The researchers discovered that among the breast cancer patients who tested positive for the estrogen receptor (ER) biomarker, patients who had neoadjuvant radiation therapy had a significantly lower risk of developing a second primary tumor than patients who had adjuvant radiation therapy. This was true for patients who underwent both partial and complete mastectomies. The researchers found that delaying surgery due to neoadjuvant radiation therapy was not a detriment to survival.

A number of recent studies have suggested that radiation therapy may re-educate and stimulate the immune system to target cancer cells. "The observed benefit of neoadjuvant radiation therapy aligns with the growing body of literature of the immune activation effects of radiation, including shrinking of untreated metastases outside the radiation field," explained Heiko Enderling, Ph.D., associate member of Moffitt's Integrated Mathematical Oncology Department.

These data are promising, but randomized clinical trials are needed to confirm the benefit of neoadjuvant radiation therapy. "Historic data indicate that disease-free survival is significantly increased when radiation [therapy](#) is applied before surgery rather than after surgery, especially for ER-positive patients. These findings are worthy of a prospective clinical trial to confirm potential benefits of neoadjuvant vs. adjuvant radiation, and to identify the potential contribution of [radiation](#)-induced immunity to vaccinate against future disease," said Enderling.

Provided by H. Lee Moffitt Cancer Center & Research Institute

Citation: Radiation prior to surgery reduces risk of secondary tumors in early-stage breast cancer (2017, July 17) retrieved 1 May 2024 from <https://medicalxpress.com/news/2017-07-prior-surgery-secondary-tumors-early-stage.html>

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