

More than a quarter of women missing smear tests are unaware they exist

July 3 2017



Credit: AI-generated image (disclaimer)

More than a quarter (28 per cent) of women who are overdue for a smear test don't know about the cervical screening programme, according to a Cancer Research UK survey published in the July Edition of the *European Journal of Cancer*.



Around half (51 per cent) of those overdue for the test said they intended to go in the future and these were more likely to be younger women (aged 25-34).

But 15 percent of those overdue said they had decided not to attend at all and these were more likely to be older women (aged 55-64).

The research, conducted by Cancer Research UK-funded scientists at UCL, included survey responses from more than 3,100 eligible women aged 24-64, of whom around 790 were overdue for a <u>smear test</u>.

Lack of awareness was higher in women with English as a second language compared with native English-speakers, and this language issue explained the lack of awareness in women from minority ethnic groups compared with white British women.

Women who were overdue for a smear test were also more likely to be from lower income families.

Around three-quarters (73 – 78 per cent) of eligible women in the UK are up to date with cervical screening but this is a fall compared with recent years. Around 3,200 women are diagnosed with cervical cancer each year in the UK and around 900 women die from it.

Study leader Dr Jo Waller from the UCL Institute of Epidemiology & Health Care, said: "It's worrying that so many women don't know about cervical screening. This study also suggests that many women — particularly younger ones — don't get round to <u>cervical screening</u>, even when they intend to go.

"The results around lack of awareness suggest that campaigns using TV, radio, social media or face-to-face visits may be better ways of communicating with women about screening than relying on letters in



the post, which is the current method. And for women who find making an appointment stays on tomorrow's to-do list, simple steps such as extra reminders, or specific appointment slots for first-time screenings could really make a difference and potentially save lives."

Sarah Williams, health information manager at Cancer Research UK, said: "This study shows that many women who aren't up to date with screening haven't deliberately decided not to attend. And we may need to be more creative in our efforts to help specific groups of women, rather than resorting to conventional 'one-size-fits-all' awareness campaigns.

"Cervical <u>screening</u> prevents an estimated 2,000 deaths each year in the UK, so it's imperative that we do all we can to inform women about it and to make it easier for them to make well-informed decisions about whether to attend, and to take up their invitations if they decide to accept them."

More information: Laura A.V. Marlow et al. Understanding the heterogeneity of cervical cancer screening non-participants: Data from a national sample of British women, *European Journal of Cancer* (2017). DOI: 10.1016/j.ejca.2017.04.017

Provided by Cancer Research UK

Citation: More than a quarter of women missing smear tests are unaware they exist (2017, July 3) retrieved 20 March 2024 from https://medicalxpress.com/news/2017-07-quarter-women-smear-unaware.html

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.