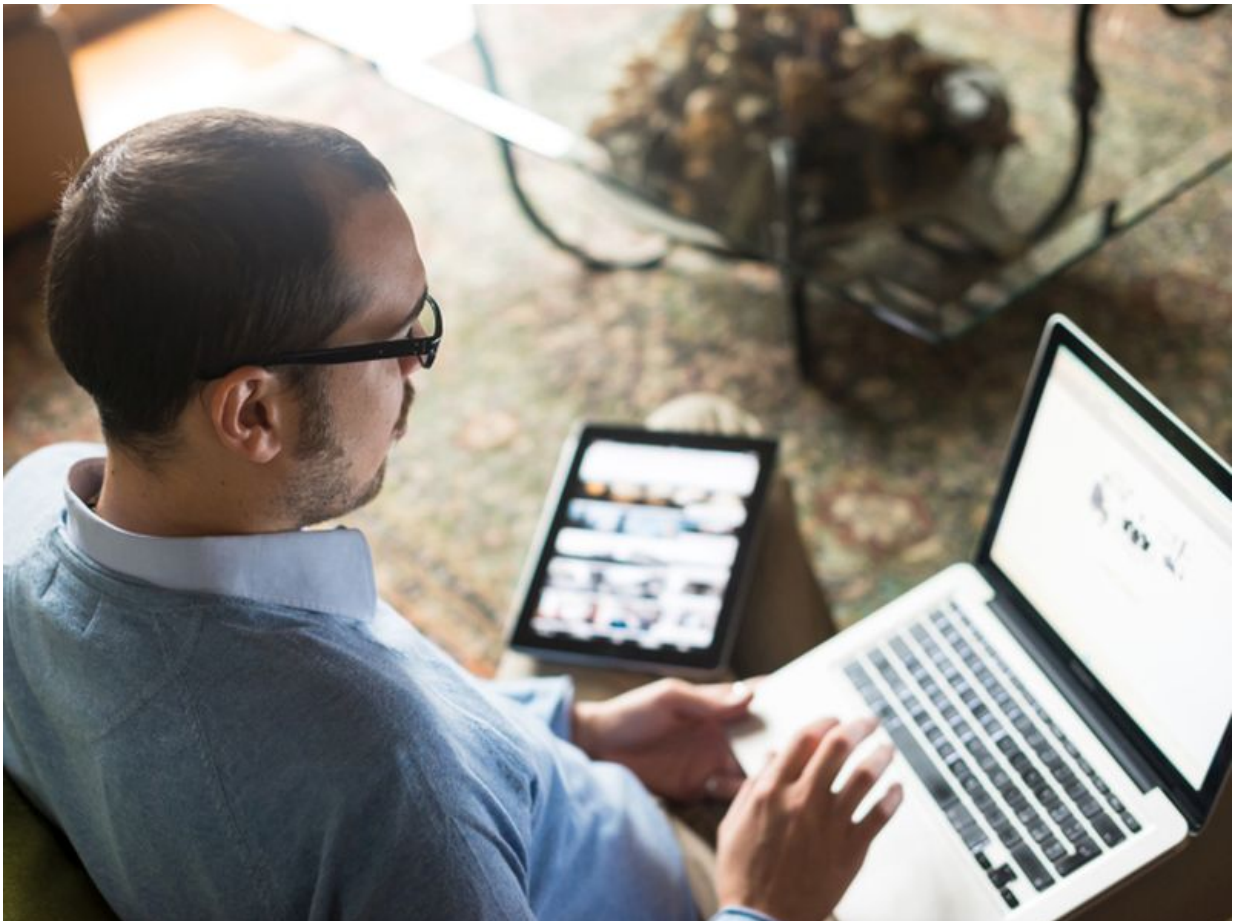


# Secure messaging linked to better diabetes management

August 22 2017

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(HealthDay)—For patients with diabetes, use of secure messaging for

medical advice is associated with better diabetes management, according to a study published online Aug. 14 in *Diabetes Care*.

Sukyung Chung, Ph.D., from the Palo Alto Medical Foundation Research Institute in California, and colleagues studied patients with diabetes enrolled in an online portal of an outpatient health care organization in 2011 to 2014 (37,762 patient-years). The authors examined the correlation of [messaging](#) with diabetes quality measures, after adjustment for patient and provider characteristics and patient-level clustering.

The researchers found that 72 percent of patients used messaging, and the likelihood of messaging was higher for those who made frequent visits. No versus any messaging was negatively associated with the likelihood of meeting a hemoglobin A1c target of

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