

# Research sheds new light on why smoking in pregnancy is harmful

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Maternal smoking during pregnancy contributes to various long-term health problems in offspring, especially respiratory disorders.

Several human studies have indicated that [maternal smoking](#) is

associated with lung under-development, airflow limitation, an increase in the risk of respiratory infections and development of airway hypersensitivity and asthma.

Research lead by scientists at the University of Technology Sydney (UTS) has identified oxidative stress as the major mechanism by which developing offspring are harmed when [pregnant women](#) smoke.

The research is collaboration between UTS, Chulalongkorn University in Bangkok and the Kolling Institute and Royal North Shore Hospital.

Associate Professor Brian Oliver, an expert in respiratory disease from the UTS Faculty of Science, said it had previously been thought that nicotine caused most adverse effects on the health of mothers and babies.

However, a smoker inhales additional toxic chemicals and billions of free radicals [oxidants] which enter the blood stream and affect the whole body.

Associate Professor Oliver said free radicals – for example, molecules such as hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) – are highly reactive and can chemically change body tissues (similar to bleaching). "For pregnant women, the response to these chemicals extends to the developing child," he said.

The study on the adverse effects of maternal smoking was carried out by UTS PhD students Yik Lung Chan and Razia Zakarya, and Suporn Sukjamnong, visiting from Chulalongkorn University in Bangkok.

The researchers also found maternal smoking during pregnancy may increase the risk of chronic inflammatory conditions in babies' lungs, making them more susceptible to certain pulmonary disorders such as

asthma or chronic obstructive pulmonary disease (COPD) in adulthood, an area that has been identified for further investigation.

The research also has implications for pregnant women who live in polluted areas or use electronic cigarettes, both of which the large team is also investigating.

UTS Adjunct Professor Sonia Saad, a renal disease expert from the Kolling Institute, Chulalongkorn University's Associate Professor Rachana Santiyanont, two UTS research groups led by Dr Hui Chen and Associate Professor Brian Oliver, and industry partner MitoQ are collaborators on the project.

"Most studies in science are a collaboration, but it's really unusual to get four groups [the two UTS research groups, the Kolling Institute and Chulalongkorn Bangkok] truly working together on the one project," said Associate Professor Oliver.

All collaborating researchers were commended by the American Physiological Society (APS) for their distinction in scholarship.

This project is one of several research partnerships formed between Chulalongkorn University and UTS.

"The outstanding research that has emerged from partnerships such as these is a testament to the value of international research collaboration, in particular, the developing relationship between UTS and Chulalongkorn University," said Associate Dean (International & External Engagement) Professor Graham Nicholson.

**More information:** Surpon Sukjamnong et al. Effect of long-term maternal smoking on the offspring's lung health, *American Journal of Physiology - Lung Cellular and Molecular Physiology* (2017). [DOI:](#)

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