

## **Procalcitonin testing not impacting antibiotic rx for COPD**

August 21 2017



(HealthDay)—Hospital adoption of procalcitonin (PCT) testing has had



little impact on antibiotic prescribing for chronic obstructive pulmonary disease (COPD) exacerbations, according to a study published online Aug. 10 in the *Annals of the American Thoracic Society*.

Peter K. Lindenauer, M.D., from Baystate Medical Center in Springfield, Mass., determined the impact of PCT testing on antibiotic treatment of patients hospitalized for exacerbations of COPD in routine practice. The authors evaluated data from 505 hospitals (2009 to 2011 and 2013 to 2014).

The researchers found that of 203,177 patients hospitalized for COPD exacerbation in 2013 to 2014, nearly nine out of 10 were treated with antibiotics, while hospital PCT testing rates ranged from 0 to 83 percent. There was a weak negative association between the rate of PCT testing and risk-adjusted rates of antibiotic initiation (P = 0.005), with each 10 point increase in the percentage of patients undergoing PCT testing associated with a 0.7 percent decline in risk-adjusted antibiotic use (P = 0.001). There was not a significant change in antibiotic treatment rates or duration of therapy between hospitals that had adopted PCT testing compared to those that had not, when comparing treatment patterns between 2009 to 2011 and 2013 to 2014.

"As currently implemented, PCT testing appears to have had little impact on decisions to initiate <u>antibiotic therapy</u> or on duration of treatment for COPD exacerbations," the authors write.

**More information:** Abstract

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Citation: Procalcitonin testing not impacting antibiotic rx for COPD (2017, August 21) retrieved



 $9\ April\ 2024\ from\ \underline{https://medicalxpress.com/news/2017-08-procalcitonin-impacting-antibiotic-\underline{rx-copd.html}}$ 

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