

Low health beliefs for salt intake in hemodialysis patients

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(HealthDay)—Health beliefs regarding salt intake are low among

patients undergoing hemodialysis, according to a study published online Sept. 5 in the *Journal of Renal Care*.

Jianfei Xie, from Central South University in Changsha, China, and colleagues conducted a cross-sectional study involving a convenience sample of 307 outpatients who completed the health beliefs of [sodium intake](#) scale.

The researchers found that the score for the perceived self-efficacy subscale was highest and the score for the perceived barriers subscale was lowest in this cohort. These perceived benefits, as well as susceptibility for the reduction and no reduction of sodium subscales, were significantly higher for female versus male [patients](#) (P hemodialysis patients who had been educated above high school had significantly higher scores for the subscale of perceived barriers, as well as the seriousness for the reduction and no reduction of sodium intake (P sodium intake (P

"Patients undergoing haemodialysis have a low level of health belief about [salt intake](#)," the authors write.

More information: [Abstract](#)
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