

# Laser tx aids genitourinary symptoms of menopause

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(HealthDay)—Use of a fractional carbon dioxide (CO<sub>2</sub>) laser is a safe

and effective treatment for genitourinary symptoms of menopause (GSM), according to a study published online Sept. 7 in *Lasers in Surgery and Medicine*.

Patrick Lang, M.D., from The Christ Hospital in Cincinnati, and colleagues assessed [patient satisfaction](#) with treatment outcomes and out-of-pocket expense for the fractional CO<sub>2</sub> laser (SmartXide) in the treatment of GSM (122 patients).

The researchers found that patient-reported vaginal dryness significantly improved following treatment (P

"This treatment is associated with a high level of patient satisfaction with both treatment results and out-of-pocket expense," the authors write.

**More information:** [Abstract](#)  
[Full Text \(subscription or payment may be required\)](#)

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