

New framework guides Tx decisions for atopic dermatitis

October 13 2017



(HealthDay)—A new framework is available to help clinicians

determine when systemic therapy is appropriate for treatment of atopic dermatitis (AD), according to a consensus statement published in the October issue of the *Journal of the American Academy of Dermatology*.

As a subgroup of the International Eczema Council, Eric L. Simpson, M.D., from Oregon Health and Science University in Portland, and colleagues developed a framework for evaluation of therapeutic decisions regarding the use of [systemic therapy](#) in AD. They performed a topic-specific literature review, referred to guidelines when available, and provided interpretation and expert opinion.

The authors recommend a systematic and holistic approach to assess patients with severe signs and symptoms of AD and impact on quality of life before systemic [therapy](#). Before commencing systemic therapy, steps to be taken include considering alternate or concomitant diagnoses, avoiding trigger factors, optimizing topical therapy, ensuring adequate patient/caregiver education, treating coexistent infection, assessing the impact on quality of life, and considering phototherapy.

"The decision to start systemic medication should include assessment of severity and quality of life while considering the individual's general health status, psychologic needs, and personal attitudes toward systemic therapies," conclude the authors.

Several authors disclosed financial ties to pharmaceutical companies, which sponsor the International Eczema Council.

More information: [Abstract/Full Text](#)

Copyright © 2017 [HealthDay](#). All rights reserved.

Citation: New framework guides Tx decisions for atopic dermatitis (2017, October 13) retrieved

20 June 2024 from

<https://medicalxpress.com/news/2017-10-framework-tx-decisions-atopic-dermatitis.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.