

Teamwork makes the dream work?

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In new research from CHEST 2017, a team from Montefiore Medical Center in New York aimed to create a team-driven atmosphere in the hospital and hypothesized that the use of personalized numbered jerseys for each member of the code team would help to improve teamwork and overall time to perform critical clinical actions.

The study included ten [critical care medicine](#) fellows who were randomized into two groups. One group received personalized number jerseys for each code team member, while the control team wore their regular clothes. Each of the groups were asked to participate in six cardiac arrest scenarios using high-fidelity simulation, and participants alternated between team leader and team member roles for each case. Trained faculty using the validated 16-item Mayo High Performance Teamwork scale graded teamwork.

Results found that the Mayo Teamwork score was significantly higher in the group donning team jerseys as compared with the control group. (23.5 vs 17.5, P

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