

# Tofogliflozin most effective with high baseline insulin

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(HealthDay)—The sodium glucose co-transporter 2 inhibitor

tofogliflozin is effective for reducing fasting plasma glucose and body weight, particularly in patients with a high insulin level at baseline, according to a study published online Oct. 15 in the *Journal of Diabetes Investigation*.

Kazuyuki Tobe, M.D., Ph.D., from the University of Toyama in Japan, and colleagues conducted a sub-analysis of a multicenter, open-label, 52-week, randomized controlled trial of tofogliflozin as monotherapy in Japanese patients with type 2 diabetes mellitus. Patients were categorized into tertiles by baseline [insulin](#) level: low (L) insulin ( $\leq 5.6$   $\mu\text{U/mL}$ ), medium (M) insulin (5.6 to  $10\mu\text{U/mL}$ ), and high (H) insulin ( $>10\mu\text{U/mL}$ ).

The researchers found that HbA1c, fasting [plasma glucose](#) levels, and [body weight](#) were significantly reduced from the baseline in all three groups. The changes in levels of plasma glucose AUC<sub>0-2 hours</sub>, C-peptide index AUC<sub>0-2 hours</sub> during the meal tolerance tests, and the insulin secretion index were the largest in the H group. The three groups were similar in terms of incidence of drug-related adverse events.

"Although tofogliflozin was effective regardless of baseline insulin level, it showed the highest efficacy in the H group," conclude the authors.

The authors disclosed financial ties to the pharmaceutical industry. Chugai Pharmaceutical Co. funded the original phase 3 trial.

**More information:** [Abstract/Full Text](#)

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