

# Pre-op liraglutide cuts post-op plasma glucose in T2DM

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(HealthDay)—For patients with type 2 diabetes mellitus undergoing non-

cardiac surgery, premedication with liraglutide is associated with reduced median plasma glucose one hour postoperatively, according to a study published online Dec. 12 in *Anaesthesia*.

J.A.W. Polderman, from Academic Medical Centre Amsterdam, and colleagues randomized patients aged 18 to 75 years with type 2 diabetes mellitus undergoing [non-cardiac surgery](#) to receive premedication with liraglutide (44 patients), glucose-insulin-potassium infusion (53 patients), or insulin bolus regimen (53 patients); the glucose target was

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