

H. pylori infection found to be related to gallbladder diseases

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(HealthDay)—Gallstones are less common with *Helicobacter pylori*

infection among a Chinese population, according to a study published Nov. 27 in the *Journal of Gastroenterology & Hepatology*.

Mei-Yan Xu, from the Aerospace Center Hospital in Beijing, and colleagues assessed the relationship between *H. pylori* [infection](#) and [gallbladder diseases](#) among 17,971 healthy participants.

The researchers found that 43.4 percent of participants had *H. pylori* infection, 5.5 percent had gallstones, 1.2 percent had cholecystitis, and 5.6 percent had cholecystic polyps. Among participants ≤ 45 years in the *H. pylori*-positive group, the prevalence of gallstones was lower than in the *H. pylori*-negative group (odds ratio, 0.653). In the *H. pylori*-positive group, the prevalence of cholecystic polyps was significantly higher than that seen in the *H. pylori*-negative group (odds ratio, 1.160).

"*H. pylori* infection is found to be related to cholecystic polyps and gallstones," the authors write.

More information: [Abstract](#)
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