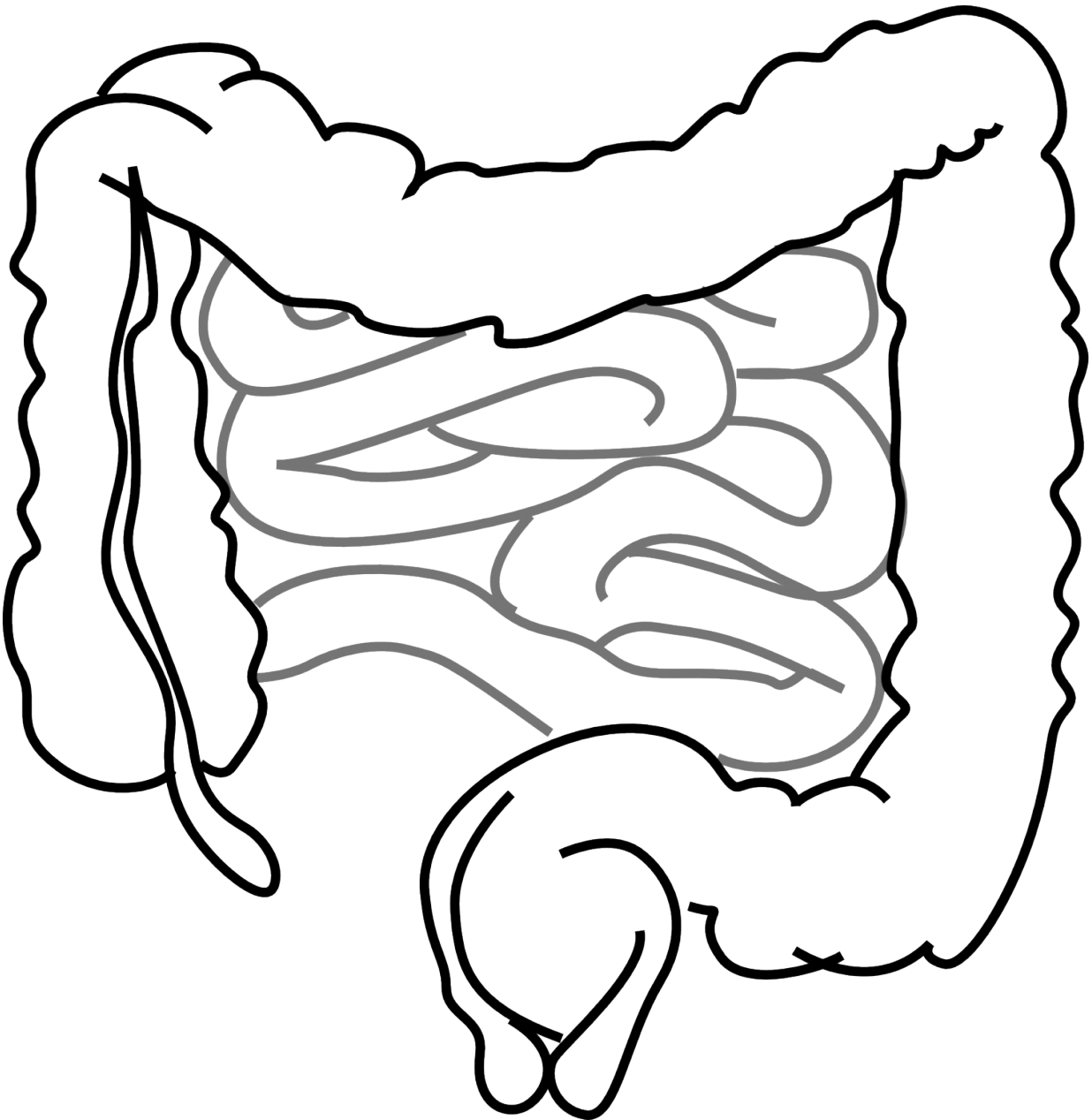


# Tracking effects of a food preservative on the gut microbiome

December 18 2017

---



Credit: CC0 Public Domain

Antimicrobial compounds added to preserve food during storage are believed to be benign and non-toxic to the consumer, but there is "a critical scientific gap in understanding the potential interactions" they may have with the hundreds of species of microbes in our intestines, say David Sela, a nutritional microbiologist at the University of Massachusetts Amherst, and colleagues.

Sela and co-authors in the [food](#) science department at UMass Amherst today report results of their study conducted in mice of one of these preservative compounds, food-grade epsilon ( $\epsilon$ )-polylysine, in the Nature Springer journal, *Science of Food*.

Unexpectedly, they found that the polylysine compound temporarily perturbed the diversity of microbes in the mouse gut, but this change was transient and over the 15-week study period, the mouse gut microbiome resolved and returned to conditions similar to those at the start of the study. While the mouse gut microbiomes differed by the animals' gender, Sela notes, the observed treatment changes to the antimicrobial  $\epsilon$ -polylysine were experienced the same regardless of gender.

Sela says, "This is a very interesting phenomenon that we haven't seen before, to our knowledge. We're certainly interested in looking into it further. We do not know enough about what preservatives do to the microbiomes in the gut."

Food not only nourishes the body but it also nourishes the beneficial bacteria, the microbiome living in the intestines, he points out. Food scientists and microbiologists are increasingly interested in these less-

studied inhabitants, which may number as many as our own human cells, and the "prebiotic" foods that nourish them. Microbes in the gut make molecules and compounds that help the body, or help some of the hundreds of other beneficial members of the community.

For this study, Sela and UMass Amherst co-authors Hang Xiao and Julian McClements divided 40 female and 40 male mice into four groups of 10 animals each. They fed 10 female and 10 male mice the food-grade biopolymer  $\epsilon$ -polylysine as found in food preservatives, while control groups of 10 animals each received food without the additives. Two other groups received  $\epsilon$ -polylysine plus pectin or  $\epsilon$ -polylysine plus maltodextrin, common food additives that might be expected to interact with the  $\epsilon$ -polylysine.

As the authors explain, both  $\epsilon$ -polylysine and pectin are not dissolved or absorbed in the upper gastro-intestinal tract and may interact with resident microbial communities there.

For their analysis of gut microbiota, the researchers sampled mouse fecal pellets at three points: baseline, five weeks and nine weeks. Sela says, "The concentrations of [gut microbes](#) changed in response to polylysine as we fed the mice throughout the study. Surprisingly, the microbiome snapped back to the original concentrations despite continuous feeding of the polylysine, but we don't understand how or the potential relevance to health."

"Starting at about week five it changed," he adds, "but by about week 9 it was back. The microbes' functions shifted, which is really interesting that you can have different populations doing different things. Typically the microbiome will stay shifted when you give antibiotics, for example, so our results suggest that somehow there is an adaptation to the food-grade preservative.

Sela says, "We think this is going to be of interest to food manufacturers who use food-grade antimicrobial compounds and to people researching anti-microbial resistance." The work was supported by the USDA's National Research Initiative and its National Institute for Food and Agriculture.

**More information:** Xiaomeng You et al, Food-grade cationic antimicrobial  $\epsilon$ -polylysine transiently alters the gut microbial community and predicted metagenome function in CD-1 mice, *npj Science of Food* (2017). [DOI: 10.1038/s41538-017-0006-0](https://doi.org/10.1038/s41538-017-0006-0)

Provided by University of Massachusetts Amherst

Citation: Tracking effects of a food preservative on the gut microbiome (2017, December 18) retrieved 4 May 2024 from <https://medicalxpress.com/news/2017-12-tracking-effects-food-gut-microbiome.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.
---