

Diabetes consultation model helps patient involvement in care

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(HealthDay)—A consultation model that facilitates person-centered

diabetes care results in more patient involvement, including shared decision making, according to a study published online Jan. 23 in *Diabetes Care*.

Guy E.H.M. Rutten, M.D., Ph.D., from the University Medical Center Utrecht in the Netherlands, and colleagues examined the usefulness and added value of a consultation model comprising inventory of disease and patient-related factors; setting [personal goals](#); choosing treatment; and determining required care. Patients were recommended to prepare their visits, and completed a questionnaire after each consultation. A total of 74 [physicians](#) and 31 nurses participated, reporting on 1,366 consultations with [patients](#) with type 2 [diabetes](#).

The researchers found that the model was applicable in 72.4 percent of cases, according to providers. Physicians more often had a consultation time

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