

# Endometriosis may increase the risk of bladder pain syndrome/interstitial cystitis

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A new *Neurology & Urodynamics* study has demonstrated a link between endometriosis and a subsequent diagnosis of bladder pain syndrome/interstitial cystitis (BPS/IC).

In the study of 9191 individuals with [endometriosis](#) and 27,573 people randomly selected as controls, incidences of BPS/IC during three years of follow-up were 0.2% and 0.05% for individuals with and without endometriosis, respectively. The risk for developing BPS/IC was 4.4-times higher for individuals with endometriosis compared with controls. After adjusting for co-morbidities, their risk was 3.7-times higher than that of controls.

BPS/IC is a chronic pain syndrome of unknown etiology and its successful treatment has been a challenge.

"BPS/IC affects the quality of life of patients, and [early detection](#) and intervention might lead to better treatment results," said co-author Dr. Shiu-Dong Chung, of Far Eastern Memorial Hospital and Yuan-Ze University, in Taiwan. "This study reminds patients and physicians that endometriosis might be associated with BPS/IC."

**More information:** *Neurology & Urodynamics*, [DOI: 10.1002/nau.23462](#)

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