

Presurgical targeted therapy delays relapse of high-risk stage 3 melanoma

January 17 2018

A pair of targeted therapies given before and after surgery for melanoma produced at least a six-fold increase in time to progression compared to standard-of-care surgery for patients with stage 3 disease, researchers at The University of Texas MD Anderson Cancer Center report in *Lancet Oncology*. Patients who had no sign of disease at surgery after combination treatment did not progress to metastasis.

Early results of the study comparing surgery to pre- and post-surgical treatment with the BRAF inhibitor dabrafenib and the MEK inhibitor trametinib were so strikingly positive that MD Anderson's data safety monitoring board ordered the randomized, prospective phase II trial halted and changed to a single-arm using the combination.

"These results are encouraging for patients with surgically resectable stage 3 melanoma, who face a high rate of relapse and progression to metastatic disease," said lead author Rodabe Amaria, M.D., assistant professor of Melanoma Medical Oncology. "Our proof-of-concept study strongly supports further assessment of neoadjuvant (presurgical) therapy for this high-risk population, which has a five-year survival rate of less than 50 percent."

The targeted combination is approved by the U.S. Food and Drug Administration for stage 4 metastatic melanoma that features a BRAFV600 mutation. Amaria, senior author Jennifer Wargo, M.D., associate professor of Surgical Oncology and Genomic Medicine, and colleagues hypothesized that the combination could help patients with

stage 3 BRAF-mutant disease.

Trial launched through Moon Shots Program

In October 2014, the investigator-initiated clinical trial was launched through the Melanoma Moon Shot, co-led by Wargo and part of MD Anderson's Moon Shots Program to accelerate improvement of cancer treatment and prevention. It was the first prospective, randomized neoadjuvant clinical trial for stage 3 melanoma.

The trial was designed to enroll 84 patients randomized to either up-front surgery or to eight weeks of the targeted combination followed by surgery and another 44 weeks of combination treatment. An interim data analysis occurred after 21 patients were treated.

At a median follow-up time of 18.6 months:

- All seven treated with standard of care surgery had their disease progress, with median time to progression at 2.9 months.
- Of 14 randomized to the neoadjuvant combination, four progressed, with median time to progression of 19.7 months.
- Of the seven patients who achieved a pathological complete response after presurgical therapy, none experienced distant disease relapse.
- Median overall survival had not been reached in either arm.

Most melanoma is detected at early stages and treated successfully with surgery, but about 15 percent of patients progress to stage 3, when the disease has spread to lymph nodes.

Importance of pathological complete response

Reaching pathological complete response (pCR) - no evidence of live cancer found by pathology at surgery—appears to be a powerful indicator of treatment success, Amaria said. Twelve patients in the neoadjuvant group proceeded to surgery, with seven achieving pCR. Only one relapsed, with a small tumor in the same area as the original tumor. Three patients who reached a partial pathological response relapsed, with all developing brain metastases, a common risk in BRAF-positive disease.

"As we accumulate more data, we can further explore the importance of pathological complete response," Wargo said. "If we can prove that pathologic complete response is important in achieving superior outcomes, then the next step is to ask 'what can you do to get to pCR?'"

Biopsies and blood samples taken in the trial allowed the team to begin to address those issues.

- Patients that did not reach pCR had tumors with high levels of phosphorylated ERK, a growth-promoting protein in the MEK pathway, before combination treatment began.
- Research has shown evidence of an immune response in successful treatment with BRAF inhibitors, even though these drugs are not explicitly immunotherapies. The team found penetration of tumors by CD8-positive T cells in pCR patients, but evidence of T cell exhaustion in tumors of patients who did not reach pCR. Two checkpoint proteins that stifle immune response, TIM3 and LAG3, were found in abundance on T cells in those patients.
- Whole exome sequencing revealed no significant difference in mutational load or copy-number alterations at baseline between responders and non-responders. However, those who did not reach pCR often had known genetic aberrations that cause resistance to the combination.

These differences provide pathways for larger, additional studies and point to possible combination therapy approaches. Since the original trial was halted, 11 patients have enrolled in the neoadjuvant study.

Toxicities from the combination were primarily grade 1 and 2 side effects expected with dabrafenib and trametinib, most commonly chills, headache and fever. There were eight grade 3 events, no grade 4 events and no deaths related to treatment. Two [patients](#) in the surgical arm and one in the neoadjuvant arm died from disease progression.

Those in the standard-of-care [surgery](#) arm were offered a variety of adjuvant (post-surgical) therapies, including interferon-alpha, the checkpoint blockade drug ipilimumab, biochemotherapy or observation. Existing adjuvant therapies at the time the trial was enrolling had extremely low response rates as well as harsh side effects, Amaria said. Only one patient chose to have post-surgical therapy in that arm.

The targeted combination and immune checkpoint blockade drugs have shown promise as adjuvant therapies in recent clinical trials.

MD Anderson researchers have developed an international neoadjuvant melanoma consortium to develop larger clinical trials needed to further explore this approach.

Provided by University of Texas M. D. Anderson Cancer Center

Citation: Presurgical targeted therapy delays relapse of high-risk stage 3 melanoma (2018, January 17) retrieved 6 July 2024 from <https://medicalxpress.com/news/2018-01-presurgical-therapy-relapse-high-risk-stage.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.