

Educational video may increase public willingness to become face transplant donors

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After watching a brief educational video, [members of the public are more likely to say they would be willing to donate a facial transplant to a severely disfigured patient](#), reports a study in the January issue of *Plastic and Reconstructive Surgery*, the official medical journal of the American Society of Plastic Surgeons (ASPS).

"The overwhelming challenge of organ [donor](#) shortage can potentially be addressed through education," comments ASPS Member Surgeon Eduardo D. Rodriguez, MD, DDS, Chair of the Hansjörg Wyss Department of Plastic Surgery at NYU Langone Health, New York. "Increased knowledge can positively impact willingness to become a [transplant](#) donor."

More People Say They'd Become Face Transplant Donors After Watching Video

Dr. Rodriguez and colleagues performed a survey study to see how a brief educational intervention affected willingness to become a [facial transplant](#) donor. Researchers approached 200 members of the public in a New York park, and surveyed them regarding their willingness to be an organ or facial transplant donor. About half of the participants said they were registered organ donors.

One hundred respondents were then shown a three-minute [video](#), on a tablet computer, providing an educational introduction to facial

transplantation. The video provided basic information on patients eligible for face transplants, the donor-recipient matching process, and the challenges and recovery after the procedure. It also highlighted the outcomes of two patients treated by the NYU Langone facial transplant team. (The online version of the article includes a link to the educational video.)

Sixty-nine percent of participants said they would be willing to donate their organs after death. Before watching the educational video, 51 percent said they would be willing to be face transplant donors. After the video, 69 percent of participants said they would be willing to donate for facial transplantation—the same percentage who said they would be willing to donate organs.

The response to the [educational video](#) was greater in younger (aged 18 to 35) and older (over 56) participants, compared to middle-aged participants. The video also appeared to have a greater impact in women and African American subjects, although these differences were not statistically significant. There were also no major differences by religion.

Facial transplantation has become a successful treatment for patients with severe facial disfigurement. But as for organ donation, the global shortage of facial transplants is a challenging problem. There are many questions about public attitudes toward facial transplantation and other types of vascularized composite tissue allografts (VCAs—hand transplants are another example of VCAs).

Preliminary evidence suggests that many people may not even be aware of the possibility of becoming a facial transplant donor. Compared to organ transplants, facial transplantation is newer and less well understood by the public. It may also elicit a different emotional reaction, since the face is so strongly associated with personal identity.

Based on the new study, "Even a brief educational experience increased individuals' reported willingness to donate their face for transplantation," Dr. Rodriguez and colleagues write. They note that their findings are consistent with previously reported discrepancies between individuals' willingness versus actual commitment to donate, as reflected by donor registration rates.

Although just a small pilot study, the results suggest that "more substantial and directed" educational programs at the regional or national level might have a positive impact on the general public's intention and commitment to become facial transplant donors. Dr. Rodriguez and colleagues emphasize that education regarding organ and VCA donation must provide "balanced and objective information... so that individuals are empowered to make decisions that align with their own beliefs and values."

More information: Natalie M. Plana et al. The Public Face of Transplantation, *Plastic and Reconstructive Surgery* (2017). [DOI: 10.1097/PRS.0000000000003954](https://doi.org/10.1097/PRS.0000000000003954)

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