

'World's oldest man' dies in Spain aged 113

January 30 2018

A Spanish village on Tuesday declared a day of mourning following the death of a retired farmer billed as "the world's oldest man", who passed away just over a month after turning 113.

Francisco Nunez Olivera, who was 10 years old when World War I broke out, died on Monday in the <u>village</u> of Bienvenida in southwestern Spain where he had lived throughout his life, village mayor Antonio Carmona told AFP.

"It's a very cold day and most of all a very sad day," Carmona said.

Born on December 13, 1904, relatives credited Nunez Olivera's long life to a diet based on vegetables he grew on his own land and a daily glass of red wine.

Every morning for breakfast, he would have sponge cake made with olive oil and a glass of milk. And until the age of 107, he went out for daily walks by himself, according to Spanish media reports published when he celebrated his last birthday.

While the Spanish media described Nunez Olivera as the world's oldest man, his name did not appear on a list kept by the Gerontology Research Group, which validates the ages of the world's longest-living people.

The US-based group lists Japan's Masazou Nonaka, born on July 25, 1905 making him 112, as the world's oldest man but Carmona said there were documents to prove the Spaniard was in fact older.



It also lists a Japanese woman, aged 117, as the world's oldest person.

Mediterranean diet benefits?

"We were in the process of applying for him to enter into the Guinness Book of World Records. It meant a lot to his neighbours to be represented by the oldest man in the world," Carmona said.

Proving Nunez Olivera's exact age has been complicated by the fact that most of Bienvenida's public archives were destroyed during Spain's 1936-39 civil war, according to newspaper El Mundo.

Nunez Olivera, known in the village as Marchena due to his likeness to a Spanish flamenco singer who used that stage name, had been a widower since 1988.

He fought in the Rif War in the first half of the 1920s between Spain and the Berber tribes of the Rif mountains in Morocco and survived General Francisco Franco's 1936-75 dictatorship.

On Tuesday afternoon, he was set to be buried in Bienvenida.

He was one of 32 people over the age of 90 among the roughly 2,200 inhabitants of the village, according to El Mundo.

Spain has one of the highest life expectancies in the world, which doctors often attribute to the country's Mediterranean diet.

© 2018 AFP

Citation: 'World's oldest man' dies in Spain aged 113 (2018, January 30) retrieved 5 May 2024 from <u>https://medicalxpress.com/news/2018-01-world-oldest-dies-spain-aged.html</u>



This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.