

Using hands is best method for splitting aspirin tablets

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(HealthDay)—Using your hands may be best for splitting an aspirin

tablet, according to a study published online Jan. 24 in the *Journal of Pharmacy Practice and Research*.

Alexandra V.R. van Reuler, from the VU Medical Centre in Amsterdam, and colleagues evaluated the precision of aspirin [tablet](#) subdivision using four methods: PillTool, [hand](#), knife, and Pilomat. Accuracy of the pill split was assessed using uniformity of weight and loss of [mass](#).

The researchers found that evaluating the difference score, the knife [method](#) was less precise than the PillTool, the hand method, and the Pilomat (all P

"Based on the results of our study, we recommend hand breaking and to avoid a knife for the best weight uniform tablets," the authors write.

More information: [Abstract](#)
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