

Visual cues amplify sound

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Credit: AngelPictures, Source: Flickr

Looking at someone's lips is good for listening in noisy environments because it helps our brains amplify the sounds we're hearing in time with what we're seeing, finds a new UCL-led study.

The researchers say their findings, published in *Neuron*, could be relevant to people with [hearing aids](#) or [cochlear implants](#), as they tend to struggle hearing conversations in noisy places like a pub or restaurant.

The researchers found that visual information is integrated with [auditory information](#) at an earlier, more basic level than previously believed, independent of any conscious or attention-driven processes. When information from the eyes and ears is temporally coherent, the auditory cortex – the part of the brain responsible for interpreting what we hear – boosts the relevant sounds that tie in with what we're looking at.

"While the auditory cortex is focused on processing sounds, roughly a quarter of its neurons respond to light – we helped discover that a decade ago, and we've been trying to figure out why that's the case ever since," said the study's lead author, Dr. Jennifer Bizley (UCL Ear Institute).

In a 2015 study, she and her team found that people can pick apart two different sounds more easily if the one they're trying to focus on happens in time with a visual cue. For this latest study, the researchers presented the same auditory and visual stimuli to ferrets while recording their neural activity. When one of the auditory streams changed in amplitude in conjunction with changes in luminance of the visual stimulus, more of the neurons in the [auditory cortex](#) reacted to that sound.

"Looking at someone when they're speaking doesn't just help us hear because of our ability to recognise lip movements – we've shown it's beneficial at a lower level than that, as the timing of the movements aligned with the timing of the sounds tells our [auditory neurons](#) which sounds to represent more strongly. If you're trying to pick someone's voice out of background noise, that could be really helpful," said Dr. Bizley.

The researchers say their findings could help develop training strategies for people with [hearing loss](#), as they have had early success in helping people tap into their brain's ability to link up sound and sight. The findings could also help hearing aid and cochlear implant manufacturers develop smarter ways to amplify sound by linking it to the person's gaze

direction.

The paper adds to evidence that people who are having trouble [hearing](#) should get their eyes tested as well.

More information: Huriye Atilgan et al. Integration of Visual Information in Auditory Cortex Promotes Auditory Scene Analysis through Multisensory Binding, *Neuron* (2018). [DOI: 10.1016/j.neuron.2017.12.034](#)

Provided by University College London

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