

Diet-treated chronic illness may lead to disordered eating

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(HealthDay)—Interventions for diet-treated chronic illnesses may

increase the risk for disordered eating in children, according to a review published online Feb. 22 in the *International Journal of Eating Disorders*.

Jenny H. Conviser, Psy.D., from the Northwestern University Feinberg School of Medicine in Chicago, and colleagues conducted a systematic literature review to identify articles that examined the relation between diet-treated chronic illness (diabetes, cystic fibrosis, celiac disease, gastrointestinal disorders, and inflammatory bowel diseases) and [disordered eating](#) in children.

The researchers found that diet-treated chronic illness was associated with disordered eating and [eating disorders](#). In most studies, diet-treated chronic illness predated disordered eating, except with inflammatory bowel diseases. The risk for poor medical outcomes was heightened with disordered eating and unhealthy weight management practices in children.

"Future research is needed to elucidate the mechanisms that transform standard treatment practices into pathological eating, including characteristics and behaviors of the child, parents/care providers, family, and treatment providers," the authors write.

More information: [Abstract](#)
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