

# The brain combats dementia by shifting resources

April 11 2018

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Credit: Baycrest Centre for Geriatric Care

The brain continues to put up a fight even as neurodegenerative diseases like dementia damage certain areas and functions. In fact, recent findings in a Baycrest-University of Arizona study suggest that one method the brain uses to counter these diseases is the reassigning of

tasks to different regions.

Patients diagnosed with Primary Progressive Aphasia (PPA), a rare form of dementia that robs a person of the ability to communicate, tapped into a different brain region to process the meaning of words, according to an article published in the journal *Neuroimage: Clinical*. Typically people rely on the left side of the brain to comprehend words we read or hear, but PPA patients showed more brain activity on the right. These findings could be used to help develop targeted treatments to preserve brain function.

Previous studies have shown that this preservation tactic is used after brain damage, such as [traumatic brain injury](#) or stroke, but this is one of the first studies to demonstrate the phenomenon in a neurodegenerative disease.

"These findings offer hope since it demonstrates that despite the brain's degeneration during PPA, it naturally adapts to try and preserve function," says Dr. Jed Meltzer, the senior author, a scientist at Baycrest's Rotman Research Institute (RRI) and Canada Research Chair in Interventional Cognitive Neuroscience. "This compensation suggests there are opportunities to intervene and offer targeted treatment to those areas."

The study captured brain imaging of 28 adults between the ages of 58 and 83, 13 of whom were diagnosed with PPA. While having their brains scanned, research participants were asked to read sentences that appeared on the screen, some of which had grammatical errors or mismatched words.

When a healthy adult processes the sentences with mistakes, there's a spike in brain activity since the brain needs to work harder to make sense of it, says Dr. Meltzer, who is also an assistant professor in the

departments of psychology and speech language pathology at the University of Toronto. People with PPA had greater difficulty detecting the mistakes and demonstrated a slower and smaller spike in brain activity when picking up on incorrect words, which could mean they weren't processing them as thoroughly, says Dr. Meltzer. Those with PPA who performed better showed a larger response in the opposite side of the brain, the right, compared to healthy adults.

"We were able to identify regions of the brain that allowed the patients to compensate for the dying of neurons in the brain," says Dr. Aneta Kielar, assistant professor of speech, language and hearing sciences and of cognitive science at the University of Arizona, who did the work as a part of a postdoctoral fellowship at the RRI. She said knowing which areas of the brain people with PPA use to understand language may help in developing treatments.

The slower brain responses could also be used by doctors to assess the disease's severity and lead to treatments being started even earlier, adds Dr. Meltzer. As next steps, scientists are using this [brain activity](#) data to help treat PPA patients with targeted [brain](#) stimulation. Their work will also explore the short- and long-term effects of this intervention.

**More information:** A. Kielar et al, Abnormal language-related oscillatory responses in primary progressive aphasia, *NeuroImage: Clinical* (2018). [DOI: 10.1016/j.nicl.2018.02.028](https://doi.org/10.1016/j.nicl.2018.02.028)

Provided by Baycrest Centre for Geriatric Care

Citation: The brain combats dementia by shifting resources (2018, April 11) retrieved 18 April 2024 from <https://medicalxpress.com/news/2018-04-brain-combats-dementia-shifting-resources.html>

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