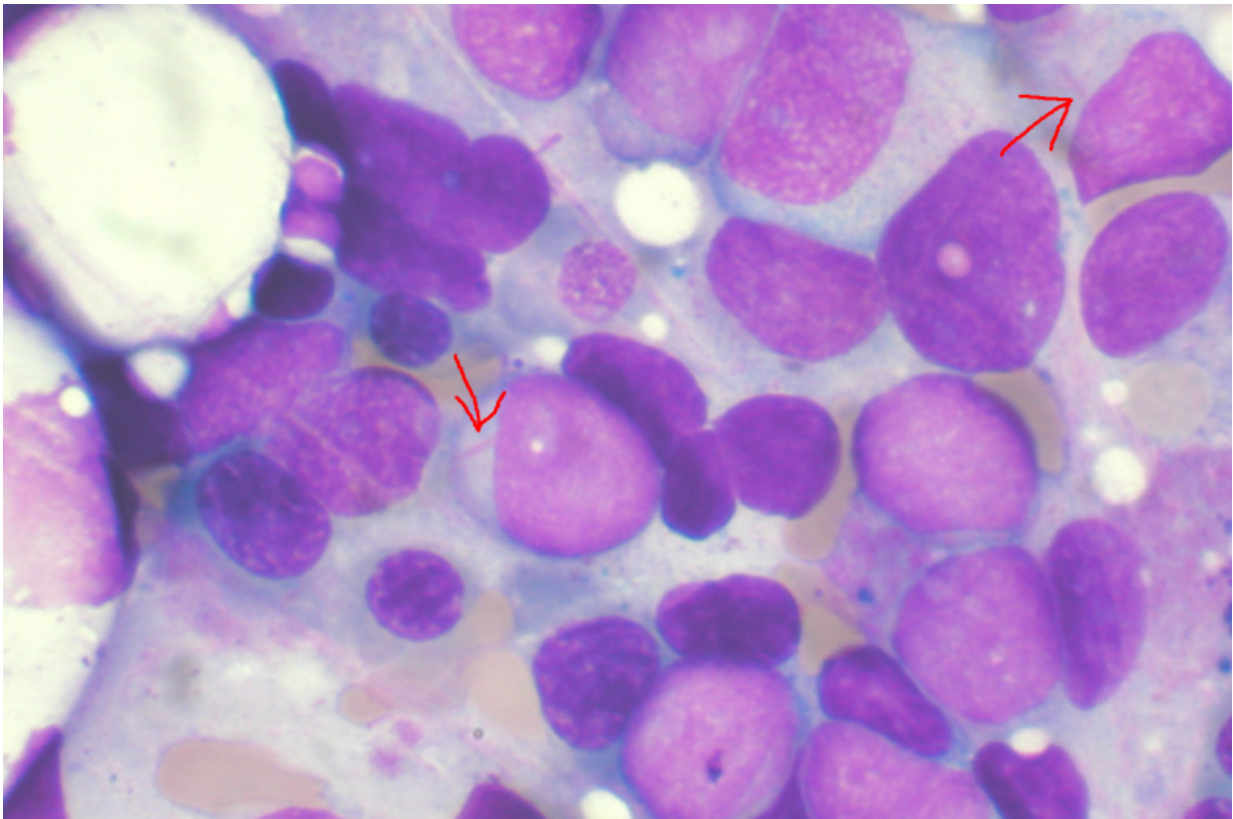


# Novel drug shows promise against acute myeloid leukemia

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Bone marrow aspirate showing acute myeloid leukemia. Several blasts have Auer rods. Credit: Wikipedia

In a study published online today in *Science Translational Medicine*, Albert Einstein College of Medicine researchers report that an

experimental peptide (small protein) drug shows promise against the often-lethal cancer acute myeloid leukemia (AML) and describe how the drug works at the molecular level. The findings have led to a Phase I/II clinical trial for patients with advanced AML and advanced myelodysplastic syndrome (MDS), now underway at Montefiore Health System.

In preclinical studies, the experimental drug—ALRN-6924—tripled the median survival rate in an animal model of human AML (mice transplanted with human leukemia cells) from 50 to about 150 days.

"This is a very striking response," said study leader Ulrich Steidl, M.D., Ph.D., professor of cell biology and of medicine and the Diane and Arthur B. Belfer Faculty Scholar in Cancer Research at Einstein and associate chair for translational research in oncology at Montefiore. "Most experimental drugs for leukemia achieve an increase in survival of only a few days in these preclinical models. Even more importantly, ALRN-6924 effectively cured about 40 percent of the treated mice, meaning they were disease free more than one year after treatment—essentially a lifetime for a mouse."

AML is caused by damage to the DNA of blood-forming [stem cells](#) in the bone marrow, resulting in abnormal white [blood cells](#), [red blood cells](#), or platelets. About 21,000 people in the U.S. were diagnosed with AML in 2017. Only 27 percent of people diagnosed with AML survive for five or more years, an outcome that has not significantly improved in the past half-century.

ALRN-6924 was developed by Aileron Therapeutics Inc. to target p53, a protein that suppresses tumors but is inactivated in many forms of cancer including AML. The drug was designed to inhibit two naturally occurring proteins, MDMX and MDM2, whose overexpression inactivates p53, allowing cancer cells to multiply unchecked. Aileron

turned to Dr. Steidl, an AML expert, to test the drug's effectiveness in preclinical models of AML and to find out more about its mechanism of action.

Dr. Steidl and his colleagues confirmed that ALRN-6924 targets both MDMX and MDM2, blocking their interaction with p53 in AML cells. That effect was seen in both more mature AML cells and the immature stem cells that produce them. "This is important," said Dr. Steidl, "because AML is driven by stem cells—and if you don't target stem cells, the disease will come back very quickly."

Those same molecular changes were observed in blood cells of an AML patient who was given the drug on a compassionate-use basis. "This test was not designed to assess the efficacy of the [drug](#) in humans—that has to be done in a proper clinical trial," said Dr. Steidl. "Our goal was to determine whether it can hit the desired target in human [cells](#) in a clinical setting, which it did in this individual."

ALRN-6924 is a so-called stapled alpha-helical peptide, a promising new class of drugs whose helical structure is stabilized using hydrocarbon "staples." The stapling prevents the peptides from being degraded by enzymes before reaching their intended target, a fate that often befalls conventional peptide drugs. ALRN-6924 is the first stapled peptide therapeutic to be tested in patients.

The study is titled, "Dual Inhibition of MDMX and MDM2 as a Therapeutic Strategy in Leukemia."

**More information:** L.A. Carvajal et al., "Dual inhibition of MDMX and MDM2 as a therapeutic strategy in leukemia," *Science Translational Medicine* (2018). [stm.sciencemag.org/lookup/doi/10.1126/scitranslmed.aao3003](http://stm.sciencemag.org/lookup/doi/10.1126/scitranslmed.aao3003)

Provided by Albert Einstein College of Medicine

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