

Study explores safety of rear-facing car seats in rear impact car crashes

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Julie Mansfield straps a doll into a car seat. Rear-facing car seats are known to protect children in front and side impact crashes, but are rarely discussed in terms of rear-impact collisions. In a new study, researchers at The Ohio State University Wexner Medical Center explored the effectiveness of rear-facing car seats in rear-impact accidents by conducting crash tests with different car seat

types and features. Credit: The Ohio State Wexner Medical Center

Rear-facing car seats have been shown to significantly reduce infant and toddler fatalities and injuries in frontal and side-impact crashes, but they're rarely discussed in terms of rear-impact collisions. Because rear-impact crashes account for more than 25 percent of all accidents, researchers at The Ohio State University Wexner Medical Center conducted a new study to explore the effectiveness of rear-facing car seats in this scenario.

"It's a question that parents ask me a lot, because there's some concern about the [child](#) facing the [impact](#) of the crash," said Julie Mansfield, lead author of the study and research engineer at Ohio State College of Medicine's Injury Biomechanics Research Center. "It shows parents are really thinking about where these impacts are coming from."

Mansfield and her team conducted [crash tests](#) with multiple rear-facing car seats, investigating the effects of various features like the carry handle position and anti-rebound bars. The study, published in *SAE International*, shows that when used correctly, all were effective because they absorbed crash forces while controlling the motion of the child, making rear-facing car seats a safe choice no matter which direction impact comes from.

"Even though the child is facing the direction of the impact, it doesn't mean that a rear-facing car seat isn't going to do its job," Mansfield said. "It still has lots of different features and mechanisms to absorb that crash energy and protect the child."

Mansfield said what they found aligns well with what is known from crash data in the real world, and it's important for parents to follow the

recommended guidelines on the correct type of car seat for their child's height, weight and age.

"The rear-facing seat is able to support the child's head, neck and spine and keep those really vulnerable body regions well protected. These regions are especially vulnerable in the newborns and younger children whose spine and vertebrae haven't fused and fully developed yet," Mansfield said.

Provided by The Ohio State Wexner Medical Center

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