

Number of IUD insertions up after ACA contraceptive mandate

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(HealthDay)—Women in insurance plans with the greatest drop in out-of-



pocket cost after the Affordable Care Act's contraceptive mandate had the greatest gains in intrauterine device (IUD) placement, according to a study published online April 9 in *Obstetrics & Gynecology*.

Erica Heisel, from University of Michigan in Ann Arbor, and colleagues evaluated changes in out-of-pocket costs and the number of IUD placements before and after mandated coverage of contraceptive services among <u>women</u> enrolled in employer-sponsored health plans (2009 to 2014).

The researchers found that average plan utilization of IUD services showed a significant increase between 2009 and 2014 (12.5 versus 13.8 percent; P

"Women in plans with the greatest reduction in out-of-pocket cost after mandated coverage of contraception had the greatest gains in IUD insertion," the authors write. "This suggests that baseline cost should be considered in evaluations of this policy and others that eliminate patient out-of-pocket cost."

More information: <u>Abstract/Full Text (subscription or payment may be required)</u>

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