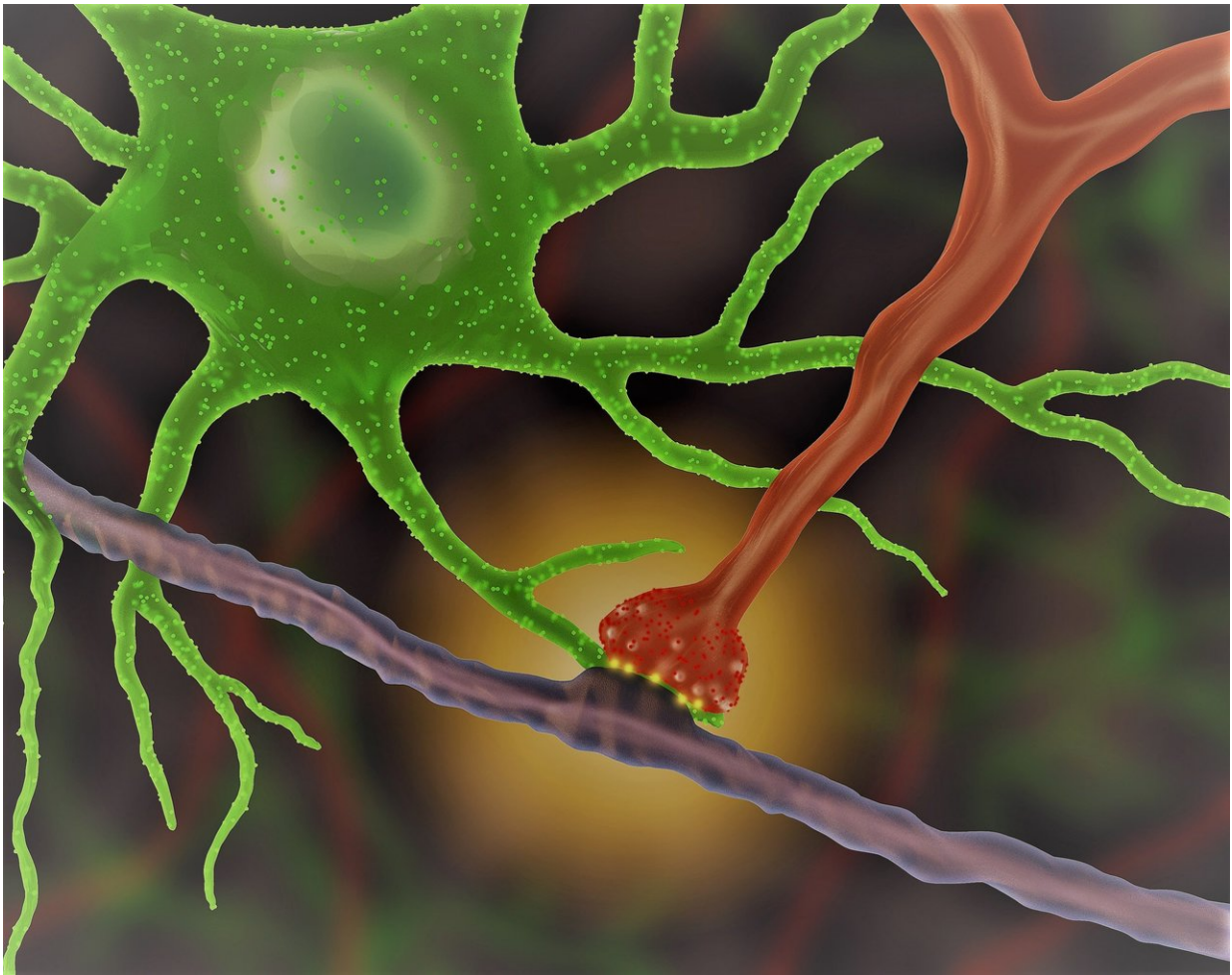


New method allows scientists to watch brain cells interacting in real time

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An astrocyte (green) interacts with a synapse (red), producing an optical signal (yellow). Credit: UCLA/Khakh lab

An advance by UCLA neuroscientists could lead to a better understanding of astrocytes, a star-shaped brain cell believed to play a key role in neurological disorders like Lou Gehrig's, Alzheimer's and Huntington's disease.

Reported in *Neuron*, the new method enables researchers to peer deep inside a mouse's [brain](#) and watch astrocytes' influence over nerve-cell communication in real time.

In particular, the UCLA team focused on astrocytes' relationship with [synapses](#), the junctions between neurons that enable them to signal each other and convey messages.

"We're now able to see how astrocytes and synapses make physical contact, and determine how these connections change in disorders like Alzheimer's and Huntington's disease," said lead author Baljit Khakh, a professor of physiology and neurobiology at the David Geffen School of Medicine at UCLA. "What we learn could open up new strategies for treating those diseases, for example, by identifying cellular interactions that support normal brain function."

Neuroscientists have tried for years to measure how astrocytes' tentacles interact with synapses to perform important brain functions. Until now, however, no one could develop a test suitable for viewing adult brain tissue in living mice.

In the method created by Khakh's team, different colors of light pass through a lens to magnify objects that are invisible to the naked eye and far smaller than those viewable by earlier techniques.

The new test allowed them to observe how interactions between synapses and astrocytes change over time, as well as during various diseases, in mouse models.

"We know that astrocytes play a major role in how the brain works and also influence disease," said first author Chris Ochteau, a postdoctoral fellow of physiology in Khakh's lab. "But exactly how the cells accomplish these tasks has remained murky."

It is unclear how often astrocytes make contact with synapses and how these interactions change during disease or as a result of different types of cellular activity.

The UCLA advance provides a powerful tool that scientists can use to address these questions.

"This new tool makes possible experiments that we have been wanting to perform for many years," said Khakh, a member of the UCLA Brain Research Institute. "For example, we can now observe how brain damage alters the way that astrocytes interact with neurons and develop strategies to address these changes."

Provided by University of California, Los Angeles

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