

Tainted lettuce in US sickens 98 (Update)

April 27 2018



This undated photo shows romaine lettuce in Houston. On Friday, April 27, 2018, the Centers for Disease Control said they now have reports of 98 food poisoning cases in 22 states. The outbreak is blamed on E. coli bacteria in romaine lettuce grown in Yuma, Ariz. (Steve Campbell/Houston Chronicle via AP)

An outbreak of E. coli bacteria in romaine lettuce has almost doubled in size over the past week, sickening 98 people in 22 states, US health officials said on Friday.

No deaths have been reported but 46 people have been hospitalized, including 10 suffering from kidney failure, said the US Centers for Disease Control and Prevention.

The outbreak is the largest in the United States since 2006, when spinach tainted with a similar strain of E. coli sickened more than 200 people.

People should not eat romaine lettuce unless they can confirm it was not grown in the area around Yuma, Arizona, officials said.

"CDC is advising consumers not to eat or buy romaine lettuce if they do not know where it was grown," said a statement.

"This advice includes whole heads and hearts of romaine, chopped romaine, baby romaine, organic romaine, and salads and salad mixes containing romaine lettuce."

An investigation into the source of the outbreak is continuing.

Experts have identified one Yuma, Arizona farm, called Harrison Farm, linked to E. coli in whole-head romaine, but two dozen other farms in the area are also being investigated.

Lab tests have shown that the type of Shiga-toxin producing E. coli O157:H7 involved in this outbreak "produces a type of toxin that tends to cause more severe illness, which may explain why there is a high hospitalization rate," said the CDC.

People generally get sick from E. coli three to four days after ingesting the germ.

Symptoms generally include diarrhea, severe stomach cramps and vomiting.

© 2018 AFP

Citation: Tainted lettuce in US sickens 98 (Update) (2018, April 27) retrieved 21 June 2024 from <https://medicalxpress.com/news/2018-04-romaine-lettuce-outbreak-people-sick.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.