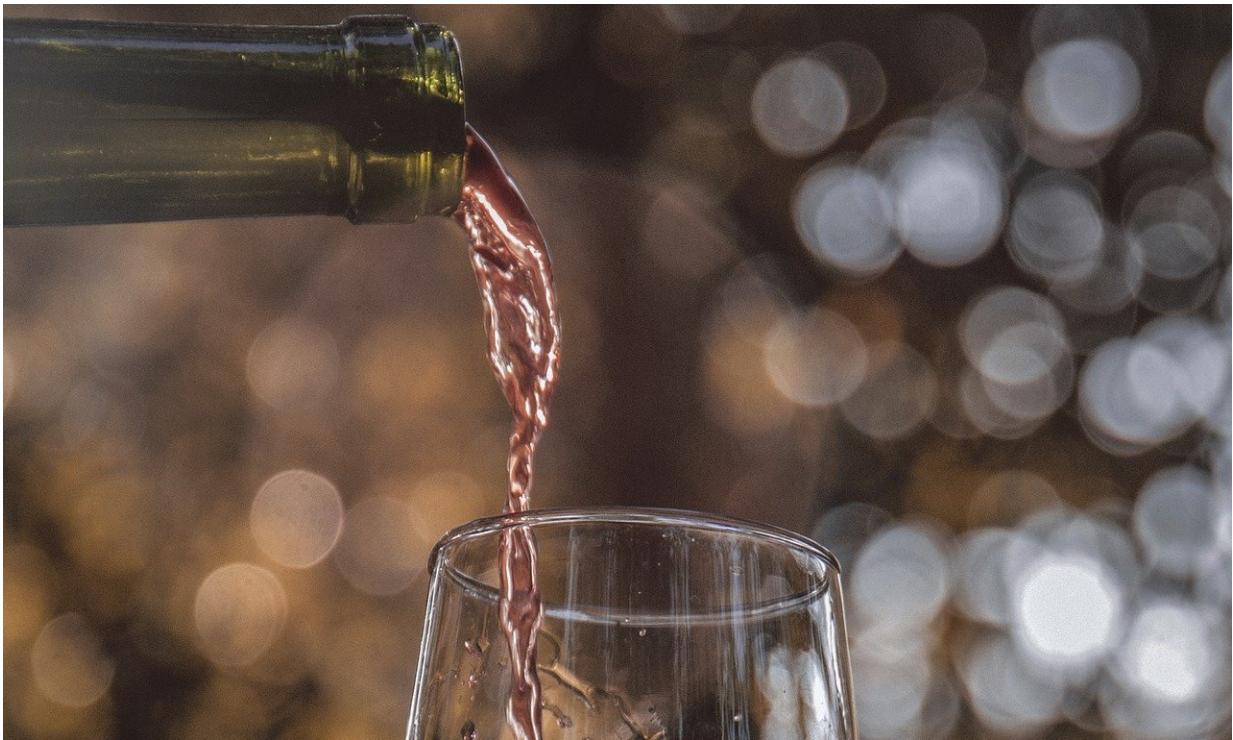


Web-based program may help address underage drinking

April 5 2018



Credit: CC0 Public Domain

A new study supports the use of a brief, web-based program alone and in combination with a parent campaign for preventing alcohol consumption among adolescents transitioning from middle school to high school.

The *Journal of Addictions & Offender Counseling* study found that brief,

web-based personalized feedback alone or in combination with a brief parent brochure is more effective than traditional educational lectures in delaying drinking initiation among female ninth-grade students.

Prevalence rates for alcohol use were 18.8%, 29.4%, and 66.3% in the web-based, combined, and traditional education groups, respectively.

For male ninth-grade students, prevalence rates for alcohol use were 21.6%, 21.1%, and 33.3% in the respective groups. Although investigators did not find favorable effects for the web-based or combined program compared with traditional education for male students, examination of drinking rates suggests that all three types of programs may be effective for male teens.

More information: *Journal of Addictions & Offender Counseling*, DOI: [10.1002/jaoc.12038](https://doi.org/10.1002/jaoc.12038)

Provided by Wiley

Citation: Web-based program may help address underage drinking (2018, April 5) retrieved 6 May 2024 from <https://medicalxpress.com/news/2018-04-web-based-underage.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.
